

# PEDIATRIC SECTION

## Pediatrics – The Foundation for Optimal Adult Health through the Life Course

Maximum number of CME is 20.75.

### **SATURDAY, JULY 29, 2023**

7:30 – 12:00 Annual Walk a Mile with a Child  
1:00 – 3:00 Edward C. Mazique, M.D. Symposium

### **SUNDAY, JULY 30, 2023**

9:00 – 11:00 **The Edith Irby Jones, M.D. Plenary Symposium**

11:30 – 1:30 **Council on Concerns of Women Physicians Annual Awards Program**

2:15 – 2:20 **Welcome**  
Yasmin Tyler-Hill, M.D., FAAP  
Chair, NMA Pediatric Section

2:20 – 2:45 **Closing the Nutrition Gap: How Dairy Supports a Pediatric Population from Infants to Adolescents**

Introduction Michal Young, M.D., FAAP  
Affiliate Associate Professor  
Department of Pediatrics and Child Health  
Howard University College of Medicine  
Washington, D.C.

Speaker Priscilla M. Mpasi, M.D., FAAP  
National Medical Association Region II Trustee  
Associate Clinical Director, Complex Primary Care and  
Community Medicine  
ChristianaCare  
Newark, Delaware

2:45 – 2:50 Questions and Answers

2:50 – 4:00 **Dr. Renee R. Jenkins Annual Trainee Abstract Symposium**

Moderator Renée R. Jenkins, M.D., FAAP  
Professor & Chair Emerita  
Department of Pediatrics and Child Health  
Howard University College of Medicine  
Washington, D.C.

4:00 – 4:30 **Dr. Billie Wright Adams Scholarship Recipients**

Moderator Shawn Smith, M.D.  
Dr. Billie Wright Adams Scholarship Committee Chair  
Dr. Billie Wright Adams Scholar, 2004  
Assistant Professor of Pediatrics  
Anne & Robert H. Lurie Children's Hospital of Chicago/McGraw  
Medical Center  
Northwestern University

Chicago, Illinois

**Monday, July 31, 2023**

8:00 – 8:45

Moderator

**Presentations on Promoting Scholarly Activity in Pediatric Practices**

Witzard Seide, M.D., FAAP  
Secretary, NMA Pediatric Section  
CDR, U. S. Public Health Service  
(DMO) Chief Medical Officer, Deployment Health  
Medical Affairs Branch

8:45 – 9:00

Break

9:00 – 10:00

**Organizational Pediatrics Forum**

*Overview and Introduction*

Moderator

Christopher Golden, M.D.  
Chair-Elect, NMA Pediatric Section  
Associate Professor of Pediatrics  
Neonatologist, Division of Neonatology  
Medical Director, Newborn Nursery  
Director, Pediatrics Core Clerkship  
Johns Hopkins University School of Medicine  
Baltimore, Maryland

*Participants*

**American Academy of Pediatrics**

Benjamin Hoffman, M.D., FAAP  
President-Elect

**American Board of Pediatrics**

DeWayne Pursley, M.D., MPH - Chair  
Judy Schechter, M.D., MBA - President and CEO

**American Pediatric Association**

Jean Raphael, M.D.  
President-Elect

**American Pediatric Society**

Michael DeBaun, M.D.  
President

**Association of Medical School Pediatric Department Chairs**

Joseph W. St. Geme, III, M.D. - President  
Leslie Walker-Harding, M.D. - President-Elect

**Association of Pediatric Program Directors**

Patricia Poitevien, M.D.  
President

**Council on Medical Student Education in Pediatrics**

Lavjay Butani, M.D. - President  
Abena Knight, M.D. - Co-Chair, Diversity, Equity, and Inclusion Resource and  
Advisory Committee  
Molly Rideout, M.D. - Co-Chair, Diversity, Equity, and Inclusion Resource and  
Advisory Committee

### **Pediatric Infectious Disease Society**

Buddy Creech, M.D. - President

Terri Christene Phillips, DM - Executive Director

Tanya Rogo, M.D. – Inclusion, Diversity, Access and Equity Task Force

### **Accreditation Council for Graduate Medical Education**

William McDade, M.D., PhD - **Invited**

10:00-10:15 Break  
10:15 – 11:00 Discussion / Q & A

11:00 – 1:00 **Visit the Exhibits**

1:15– 3:30 **Melvin Jenkins, M.D. Memorial Lecture**

Historical Overview

Yasmin Tyler-Hill, M.D.

### **Because All We Have Is Each Other: Why Kids Need Us To Be Effective Advocates**

Benjamin Hoffman, M.D., FAAP

President-Elect, American Academy of Pediatrics

Children suffer the impacts of inequity and disparity wrought by structural oppression and systemic racism. Pediatricians and other child health professionals bear constant witness to these impacts through their work, yet often lack the agency and ability to work to mitigate them. What is the role of child health professionals in effecting justice of children, their families and communities? Often, it is limited to advocacy at the individual level in the clinic room, or at the bedside. What does it mean to expand our scope of practice to engage communities and work for changes in systems and policy outside of our traditional clinical roles, and upstream, in terms of prevention?

We are natural advocates, and many of the core skills are already part of our practice. What is missing, and how can we both learn and employ those skills in ways that will not only benefit kids and communities, but also pediatricians, and the practice of pediatrics?

#### *References*

1. Earnest MA, Wong SL, Federico SG. Perspective: Physician advocacy: what is it and how do we do it? 1. Acad Med. 2010 Jan;85(1):63-7. doi: 10.1097/ACM.0b013e3181c40d40. PMID: 20042825.
2. Hoffman BD, Rose J, Best D, Linton J, Chapman S, Lossius M, Aligne A, Collins C, Ayoub-Rodriguez L. The Community Pediatrics Training Initiative Project Planning Tool: A Practical Approach to Community-Based Advocacy. MedEdPORTAL. 2017;13:10630.
3. Bode SM, Hoffman BD, Chapman SH, Kaczorowski JM, Best DL, Shah AN, Nerlinger AL, Barnard JA, Loud KJ, Brophy P, Reed AM, Braner D. Academic Careers in Advocacy: Aligning Institutional Values Through Use of an Advocacy Portfolio. Pediatrics. 2022 Jul 1;150(1):e2021055014. doi: 10.1542/peds.2021-055014. PMID: 35734955.

At the conclusion of this lecture, participants should be able to: 1) define physician advocacy, and the role of pediatricians as advocates at different levels of work and impact 2) describe the skills necessary to be an effective advocate; and 3) discuss the role of authentic relationships in community engagement and policy advocacy.

3:30 – 4:00 Break

4:00 – 5:30 **Roland B. Scott, M.D. Memorial Symposium**  
**Transition of Care from Childhood through Adulthood**

Following this Symposium, participants should be able to: 1) discuss managing the transition of care for patients with sickle cell disease from childhood to adulthood thereby improving outcomes for young adults with sickle cell disease; 2) understand the importance of creating a transition program for sickle cell disease; 3) describe ways of implementing a transition program in a busy clinical practice; 4) appreciate the current status of high-quality care access for those living with sickle cell disease in the United States; 5) describe existing models of sickle cell disease care access; 6) identify an approach to the successful implementation of a new adult sickle cell program; and 7) discuss the result of a collaborative quality improvement initiative in Florida.

Moderator                      Historical Overview  
Yasmin Tyler-Hill, M.D., FAAP

Speakers                        Michael Rutledge DeBaun, M.D., MPH  
Director, Vanderbilt-Meharry Center for Excellence in Sickle Cell Disease  
Professor of Pediatrics and Medicine  
Vice Chair for Clinical and Translational Research  
Department of Pediatrics  
Nashville, Tennessee

### **Universal Access to High Quality Sickle Cell Disease Care: Are We There Yet?**

While children with sickle cell disease in the United States are expected to live into adulthood and are provided accessible, high-quality care in specialized treatment centers, adults with sickle cell disease have been largely ignored by our healthcare system as a whole. This has led to disparate outcomes including acceleration of clinical complications, high acute care utilization, reduced quality of life, and preventable early mortality. In this lecture, Dr. Andemariam will describe the reasons for the current status of poor access to basic care for adults with sickle cell disease and highlight models of adult care around the country that could be replicated locally to expand access. She will end by detailing the grassroots approach she took in developing a new adult sickle cell program at her university hospital with initial limited resource and persistent immense passion.

Biree Andemariam, M.D.  
Professor of Medicine  
University of Connecticut Health  
Farmington, Connecticut

### **Why and How to Implement a Sickle Cell (AKA Chronic Illness) Transition Program**

Ofelia A. Alvarez, M.D.  
Director, Pediatric Sickle Cell Program  
University of Miami Health System  
Miami, Florida

**TUESDAY, AUGUST 1, 2023**

7:30 – 8:30

**Spectrum of Care for Obesity in Children and Adolescents:  
Medical and Surgical Interventions**

The current and long-term health of 14.4 million children and adolescents is affected by obesity, making it one of the most common pediatric chronic diseases. Long stigmatized as a reversible consequence of personal choices, obesity has complex genetic, physiologic, socioeconomic, and environmental contributors. As the environment has become increasingly obesogenic, access to evidence-based treatment has become even more crucial.

The knowledge and skills to treat childhood obesity have become necessities for clinical teams in pediatric primary and subspecialty care. For more than 2 decades, the American Academy of Pediatrics (AAP) and its members have had the opportunity to collaborate with multiple scientific and professional organizations to improve the clinical care of children with overweight and obesity. Notable milestones include the 1998 “Expert Committee Recommendations,” the 2007 “Expert Committee Recommendations,” the creation of the AAP Section on Obesity and founding of the Institute for Healthy Childhood Weight, both in 2013; and the Institute’s “Algorithm for the Assessment and Management of Childhood Obesity” in 2016.

This session will utilize the AAP’s first clinical practice guideline on obesity. Following this session attendees should be able to: 1) Review demographic and co-morbidity data supporting the use of metabolic and bariatric surgery in the pediatric population; 2) Discuss eligibility criteria and best practice guidelines; 3) Research the Update from the Teen-LABS study; 4) discuss challenges regarding access to care; and 5) Review the 2019 AAP Policy Statement / 2023 AAP Clinical Practice Guidelines.

Moderator                      Yolanda Wimberly, M.D., MSc  
Senior Vice President, Chief Health Equity Officer  
Grady Health  
Atlanta, Georgia

7:30 – 7:50                      Nakiya Naomi Showell, M.D., MHS, MPH  
Assistant Professor of Pediatrics  
Johns Hopkins Medicine  
Baltimore, Maryland

7:50 – 7:55                      Q&A

7:55 – 8:20                      **Pediatric Bariatric Surgery – An Overview**  
Ihuoma Eneli MD, MS, FAAP  
Professor of Pediatrics, The Ohio State University  
Director, Center for Healthy Weight and Nutrition  
Nationwide Childrens Hospital  
Livingston Ambulatory Center, Suite 5F  
Columbus, Ohio

Marc P. Michalsky, M.D., MBA  
Professor of Clinical Surgery and Pediatrics  
The Ohio State University College of Medicine  
Vice Chair, Strategic Operations – Department of Pediatric Surgery  
Surgical Director, Center for Healthy Weight & Nutrition

	Director, Center for Robotic Surgery Nationwide Children's Hospital Columbus, Ohio
8:20 – 8:25	Q & A
8:30 – 9:30	<b>Grace M. James, M.D. Memorial Lecture</b> Sarah Y. Vinson, M.D. Interim Chair Department of Psychiatry & Behavioral Sciences Director, Child and Adolescent Psychiatry Fellowship Program Morehouse School of Medicine Atlanta, Georgia
9:30 – 9:45	Break
9:45 – 11:00	<b>The Tridemic: COVID-19, Respiratory Syncytial Virus, and Influenza and the Importance of Immunization</b> <i>combined session with the Family Medicine Section</i>  Tanya Rogo, MD, MPH&TM, FAAP Fellowship Program Director, Pediatric Infectious Diseases Associate Professor of Pediatrics, Clinician educator Brown University Alpert Medical School  Dial Hewlett, M.D. Medical Director Westchester County Department of Health Clinics Westchester, New York
11:00 – 1:00	Visit the Exhibits
1:00 – 3:00	<b>Dr. David Nichols Annual Memorial Symposium</b>
1:00 – 1:05	Historical Overview and Introduction Yolanda Wimberly, M.D., MSc
Moderator	David G. Nichols, MD, MBA, FAAP, FCCM Emeritus President and Chief Executive Officer The American Board of Pediatrics Emeritus President, The American Board of Pediatrics Foundation Emeritus Professor of Anesthesiology/Critical Care Medicine and Pediatrics The Johns Hopkins University School of Medicine
1:05 – 1:25	<b>Transition from Childhood to Adulthood</b> Jennifer R. Walton, MD, MPH, FAAP Associate Division Chief, Developmental Behavioral Pediatrics Co-Director, Williams Syndrome Clinic Nationwide Children's Hospital Assistant Professor of Pediatrics  Director of Clinical Services & Associate LEND Director, Nisonger Center The Ohio State University Columbus, Ohio
1:25 – 1:30	Q & A
1:30 – 1:50	<b>Transition of Care from Childhood to Adulthood in Patients with Congenital Heart Disease</b>

Ivory Crittendon, M.D.  
Pediatric Cardiologist  
Oschner Health  
New Orleans, Louisiana

1:50 – 1:55

Q & A

1:55 – 2:15

### **Inequities in Asthma**

Akilah A. Jefferson, M.D., MSc  
Assistant Professor of Pediatrics  
Allergy and Immunology Division  
University of Arkansas for Medical Sciences, College of Medicine  
Arkansas Children's | Arkansas Children's Research Institute  
Little Rock, Arkansas

2:15 – 2:20

Q & A

2:20 – 2:45

### **Transition of Care: A Parent's Perspective**

Robyn Kinebrew, MS  
Senior Human Resources Professional  
City of Cincinnati  
Cincinnati, Ohio

2:45 – 2:50

Q & A

2:50 – 3:00

### **Panel Discussion**

3:00 – 5:00

### **Annual Business Meeting Election of Officers**

## **Wednesday, August 2**

8:00 – 11:00

### **Sports Medicine: A Primary Care Affair – Hot Topics**

*combined session with the Pediatric Section*

Primary care providers are at the front line of decision making regarding young athletes: Should they participate? Can they safely RETURN to activity? When and to whom to refer for specialty care?

8:00 – 8:10

### **Overview and Introduction**

Moderator:

Angela Wheeler, M.D.  
Family Medicine Physician  
Chicago, Illinois

8:10 – 8:55

### **Sports medicine basics: The Importance of the Pre-Participation Physical, Preseason cognitive tests - baseline for concussion care Asthma, Heat/Hydration, Update on injury care**

Larry L. Benson, M.D., CAQSM  
Sports Medicine Physician

Shelley Street-Callender, M.D.  
Sports Medicine Physician

8:55 – 9:00

Q&A

9:00 – 9:45

### **Sports and Cardiology: Hot topics Cardiac Arrhythmia**

9:45 – 9:50	<b>Disqualifying cardiac abnormalities, The hypertensive athlete</b> Q&A
9:50 – 10:35	<b>Sports Psychology: Hot topics for your consideration</b> <b>Effect of COVID-19 Pandemic, social media, Transgender athlete</b>
10:35 – 10:40	Q&A
10:40 – 11:00	<b>Panel Discussion / Audience Interaction</b>