

National Medical Association
2023 Annual Convention and Scientific Assembly
NMA's 121st 2023 Annual Convention and Scientific Assembly

New Orleans, LA
July 29th – Aug 2nd 2023

INTERNAL MEDICINE SECTION PROGRAM

New Orleans, LA
July 29th – Aug 2nd 2023

Internal Medicine Meeting Room: Hyatt Regency New Orleans Celestin Ballroom E, Level 3; Most symposia will take place in this room, unless otherwise noted.

Saturday, July 29th

This event will be held in Hyatt Regency New Orleans, Imperial 5D, Level 4

8:00 – 1:00 PM **NIH-NMA Fellows' Academic Career Development Program**
(For selected fellows and residents only; detailed agenda provided in meeting room)

Saturday, July 29th

Morning

Basic Life Support (BLS) Course

This session will be held in Hyatt Regency New Orleans, Bolden 3, Level 2

**Additional paid registration required for entry*

Instructors:

Wendell Jones, M.D.

VISN Network Director

Department of Veterans Affairs

Arlington, TX

Doreen Vines, BS, NREMT/P, CPM

Clinical Educator and Program Manager HUH Resuscitation Program

Howard University Hospital

Washington, D.C.

Timecia Goree, DNP, MSN, RN

REdI Program Director and Simulation Lead

VA North Texas Health Care System

Dallas, TX

Saturday, July 29th

Afternoon

Advanced Cardiovascular Life Support Course (ACLS)

This session will be held in Bolen 3, Level 2

**Additional paid registration required for entry*

Instructors:

Wendell Jones, M.D.

VISN Network Director

Department of Veterans Affairs

Arlington, TX

Doreen Vines, BS, NREMT/P, CPM

Clinical Educator and Program Manager HUH Resuscitation Program
Howard University Hospital
Washington, D.C.

Timecia Goree, DNP, MSN, RN

REdI Program Director and Simulation Lead
VA North Texas Health Care System
Dallas, TX

Pulmonology Subspecialty Session combined with Rheumatology Subspecialty Section Symposium

Fibrosing Interstitial Lung Disease as a Manifestation of Rheumatologic Illness

This session will be held in Internal Medicine Meeting Room: Hyatt Regency New Orleans Celestin BR E, Level 3

Saturday, July 29th 9:00 AM – 11:00 AM CT

Pulmonology Subspecialty Section Chair and Moderator

Aaron Baugh, M.D.

Assistant Professor; Pulmonary and Critical Care Medicine
University of California, San Francisco
San Francisco, CA

Rheumatology Subspecialty Section Chair

Edward L. Treadwell, M.D.

Professor Emeritus of Medicine; Rheumatology/Immunology
Division Chief
East Carolina University School of Medicine
Greenville, NC

Learning Objectives

Upon completion of this session, learners will:

1. Establish a shared, baseline knowledge of important natural history patterns.
2. Explore the important and expanding role of rheumatologists have in the management of ILD.
3. Outline strategies to improve collaborative working amongst specialties, and therefore improve outcomes in patients with ILD.
4. Acquire the most up-to-date findings on the management of fibrosing interstitial lung disease.
5. Discuss clinical risk factors in the presentation and diagnosis of ILD.
6. Examine the current practice including screening, monitoring, and management of ILD patients with rheumatological conditions.
7. Understand the risk factors for ILD incidence or progression to improve recognition of high-risk patients or those that may be manifesting early signs of disease.
8. Review the criteria for initiating therapy in patients with ILD.

Agenda

9:00 – 9:03 AM CT

Welcome and Pre-Test Questions
Aaron Baugh, M.D.

9:03 - 9:10 AM CT

Case Report: An Unusual Cause of Hemoptysis

Oral Abstract Presentation

Tsion Abraham, M.D.
IM NIH R13 Scholar
University of California, San Francisco
San Francisco, CA

- 9:10 – 9:30 AM CT Rheumatologic Conditions Associated with Fibrosing Interstitial Lung Disease
Edward L. Treadwell, M.D.
- 9:30 – 9:50 AM CT The Epidemiology of Sarcoidosis
Mohamed Seedahmed, M.D., MPH, FACP
Assistant Professor; Pulmonary & Critical Care Medicine
University of Pittsburgh Medical Center
Pittsburgh, PA
- 9:50 – 10:10 AM CT The Natural History of Interstitial Lung Disease in the Black Population
Ayodeji Adegunsoye, M.D.
Assistant Professor; Pulmonary & Critical Care Medicine
University of Chicago
Chicago, IL
- 10:10 – 10:30 AM CT Bench to Bedside: Treatment Options for CTD-ILD
Jeremy I. Sullivan, M.D.
Rheumatology Fellow
University of California San Francisco
San Francisco, CA
- 10:35 – 10:45 AM CT Group Discussion/Case Discussions
Facilitated by **Edward L. Treadwell, M.D** and **Aaron Baugh, M.D.**
- 10:45 – 11:00 AM CT Post Questions/Conclusion/Adjournment

GASTROENTEROLOGY SUPSPECIALITY SECTION SYMPOSIUM

Importance of Differential Diagnosis in Gastrointestinal Disorders for Improved Outcomes in Minority Patient Populations:

Emphasis on Irritable Bowel Syndrome and Inflammatory Bowel Disease

Location: Internal Medicine Section Meeting Room, Hyatt Regency New Orleans Celestin Ballroom E, Level 3

Saturday, July 29th, 2023

11:00 AM – 1:00 PM CT

Course Director: Marie Borum MD, EdD, MPH

Moderators: Marie L. Borum MD, EdD, MPH and Lanla Conteh MD, MPH, MBA

Gastroenterology Subspeciality Chair

Marie L. Borum MD, EdD, MPH

Professor of Medicine and Professor of Prevention and Community Health

Director, Division of Gastroenterology and Liver Diseases

George Washington University, Washington, D.C.

Chair, NMA Internal Medicine Section
Chair, NMA Gastroenterology Section

Gastroenterology Subspecialty Co-Chair
Lanla Conteh MD, MPH, MBA
Clinical Associate Professor of Medicine
The Ohio State University Wexner Medical Center
Columbus, Ohio
Immediate Past Chair, NMA Internal Medicine Section

Racial and Ethnic Disparities in Gastroenterology Care.
Marie L. Borum, MD, EdD, MPH

Racial disparities in gastroenterology care can significantly impact accurate diagnoses, management, subspecialty referral and clinical outcomes in various conditions. The documented historic inequities in health care of black and minority populations continues to be present in current health care delivery. Multiple factors impact the observed racial and ethnic disparities, including socioeconomic status, health care access, communication, potential bias of healthcare professionals and medical institutions.

This seminar will focus on issues related to irritable bowel syndrome and inflammatory bowel disease. These conditions, with overlapping symptoms, can result in challenges to health care providers. Eliminating disparities in evaluation and management will ensure optimal care and outcomes for black and minority patients.

Irritable Bowel Syndrome
Antoinette Saddler MD

Irritable Bowel Syndrome (IBS) is one of the most common gastrointestinal (GI) disorders encountered by health care providers. This condition, manifested by chronic intermittent abdominal pain and alteration of bowel pattern, significantly impacts quality of life. While it is a frequently diagnosed GI condition, there continues to be suboptimal appreciation of the manifestations and management options. Additionally, research has demonstrated that disparities in care can influence referral bias and reduced opportunities for access to specialty care. This lecture will provide an overview of IBS, clinical manifestations and management options.

IBS learning objectives

1. Provide overview of irritable bowel syndrome, including prevalence, manifestations and recommended evaluation
2. Review management strategies
3. Discuss new and emerging therapeutic options
4. Differentiating overlapping symptoms from other gastrointestinal conditions

Inflammatory Bowel Disease
Edwin McDonald IV, MD

Inflammatory bowel diseases (IBD) are chronic or relapsing inflammatory conditions of the gastrointestinal tract. Crohn's disease and ulcerative colitis are the two major subtypes. Historically, IBD has been considered to be a disease of Caucasians, more often occurring in those of Jewish ancestry. Epidemiologic data have demonstrated that black and minority patients have increased prevalence but

are frequently underrecognized. It is critical that health care providers recognize the manifestations of IBD and distinguish ulcerative colitis and Crohn's disease from other GI conditions. This lecture will provide an overview of IBS, clinical manifestations and management options.

Extraintestinal Manifestations of Inflammatory Bowel Disease

Lanla Conteh MD, MPH, MBA

Inflammatory bowel disease can have extraintestinal manifestations (EIMs). Although less than 10% of individuals with IBD have extraintestinal manifestations at initial presentation, up to 25% will have extraintestinal manifestations in their lifetime. While EIMs are under-appreciated, it is critical that conditions outside of the intestinal tract are recognized to ensure optimal care and clinical outcomes. This lecture will provide an overview of extraintestinal manifestations, including hepatobiliary disorders that are associated with inflammatory bowel disease.

IBD learning objectives:

1. Provide overview of irritable bowel syndrome, including prevalence, manifestations and recommended evaluation
2. Review management strategies
3. Discuss new and emerging therapeutic options
4. Differentiating overlapping symptoms from other gastrointestinal conditions

11:00 – 11:10 AM CT Racial disparities and referral biases in gastroenterology care and therapeutic intervention

Marie L. Borum MD, EdD, MPH

Professor of Medicine and Professor of Prevention and Community Health
Director, Division of Gastroenterology and Liver Diseases
George Washington University, Washington, D.C.
Chair, NMA Internal Medicine Section
Chair, NMA Gastroenterology Section

11:10 – 11:40 AM CT Irritable Bowel Syndrome (IBS)

An overview of a common gastrointestinal disorder that has overlapping symptoms with other diseases

Antoinette Saddler MD

Assistant Clinical Professor
Johns Hopkins Medicine at Sibley Memorial Hospital
Washington, D.C.

11:40 – 12:10 PM CT Inflammatory Bowel Disease (IBD)

Distinguishing inflammatory bowel disease from other diseases: Impact in African Americans

Edwin K. McDonald IV, M.D.

Assistant Professor of Medicine
Associate Director, Adult Clinical Nutrition
University of Chicago

Chicago, Illinois

12:10 – 12:30 PM CT Extraintestinal Manifestations of Inflammatory Bowel Disease

Recognizing and managing non-gastrointestinal symptoms in inflammatory bowel disease

Lanla Conteh MD, MPH, MBA

Clinical Associate Professor of Medicine
The Ohio State University Wexner Medical Center
Columbus, Ohio
Immediate Past Chair, NMA Internal Medicine Section

12:30 – 12:50 PM CT Case Presentations: Differentiating Irritable Bowel Syndrome and Inflammatory Bowel Disease

Marie L. Borum, MD, EdD, MPH, Lanla Conteh MD, MPH, MBA, Edwin McDonald IV, MD, and Antoinette Saddler MD

12:50 – 1:00 PM CT Questions and Answers/Audience Participation/Adjournment

**HIV SUBSPECIALITY SECTION SYMPOSIUM
Addressing Disparities in Underserved Populations
Novel Approaches and Recent Advances in the Elimination of HIV Infection**

Location: Internal Medicine Section Meeting Room, Hyatt Regency New Orleans Celestin Ballroom E, Level 3

Saturday, July 29, 2023

3:00 PM – 5:30 PM CT

**NMA Section Stakeholders
Internal Medicine (HIV, OB/GYN, Family Medicine)**

Course Director: Virginia A Caine, M.D.

Internal Medicine Section Co-Chair, HIV/AIDS
National Medical Association
Associate Professor of Medicine
Division of Infectious Diseases
Indiana University School of Medicine
Indianapolis, IN

***Wilbert C. Jordan, M.D., MPH – Former Co-Course Director**

Internal Medicine Section Chair, HIV/AIDS

National Medical Association
Former Director, Oasis Clinic
Associate Professor of Medicine
Division of Infectious Diseases
Charles R. Drew University of Medicine and Science
Los Angeles, CA
*Deceased

Learning Objectives

After participating in this activity, learners will be able to:

1. Discuss the impact of racial/ethnic disparities and social determinants on HIV epidemiology.
2. Outline the new clinical recommendations and novel medications available for HIV prevention and treatment.
3. Identify barriers for newly diagnosed HIV cases and the appropriate treatment plans to manage and/or prevent serious illnesses associated with other comorbid conditions in patients of color.
4. Identify factors associated with health inequities among racial and ethnic minority populations living with HIV and those at risk of HIV.
5. Summarize strategies to increase testing, prevention, and care of HIV in Black and other minority populations with special emphasis on MSM, YBMSM and Black women.
6. Discuss the recommended regimens, including dosing, safety, efficacy, and clinical eligibility for oral and long-acting injectables for PrEP.

Moderator: **Lauren-Dungy Poythress, M.D.**
Associate Professor of Obstetrics and Gynecology
Division of Maternal-Fetal Medicine
Indiana University School of Medicine
Indianapolis, IN

3:00pm - 3:10pm **Welcome & Seminar Introduction**
Virginia A Caine, M.D.
National Medical Association
Internal Medicine Section Co-Chair, HIV/AIDS
Indianapolis, IN

3:10pm - 3:35pm **HIV Prevention in Black Males**
David L. Bell, M.D., MPH (Invited)
Associate Professor, Department of Pediatrics
Medical Director, Young Men's Clinic
Columbia University Irving Medical Center
New York, NY

3:35pm – 4:00pm **Women's Health and HIV**
Jenell Coleman Fennell, M.D., MPH
Director, Division of Gynecologic Specialties
Medical Director, Women's Health Center
Associate Professor, Gynecology and Obstetrics and Medicine
John Hopkins School of Medicine
Baltimore, MD

4:00pm - 4:25pm **How Oral and Injectable PrEP Are Manageable in Primary Care Practice?**
Michelle-Floris-Moore, M.D., FACP, MPH
Associate Professor of Medicine
Division of Infectious Diseases
Co-investigator in UNC's Global HIV Prevention and Treatment

Clinical Trials Unit and AIDS Research Center
University of North Carolina School of Medicine
Chapel Hill, NC

4:25pm - 4:50pm

Clinical Case Vignettes

Matifadza Hlatshwayo Davis, M.D., MPH (She/Her/Hers)

Director of Health
City of St. Louis Department of Health
Co-host, Infectious Diseases Society of America
Podcast Series
St. Louis, MO

4:50pm - 5:30pm

Questions/Answers

Post-Seminar Assessment

Matifadza Hlatshwayo Davis, M.D., MPH (She/Her/Hers)

Director of Health
City of St. Louis Department of Health
Co-host, Infectious Diseases Society of America
Podcast Series
St. Louis, MO

David L Bell, M.D., MPH

Associate Professor, Department of Pediatrics
Medical Director, Young Men's Clinic
Columbia University Irving Medical Center
New York, NY

Jenell Coleman Fennell, M.D., MPH

Director, Division of Gynecologic Specialties
Medical Director, Women's Health Center
Associate Professor, Gynecology and Obstetrics and Medicine
John Hopkins School of Medicine
Baltimore, MD

Michelle-Floris Moore, M.D., MS, FIDSA

Associate Professor of Medicine
Division of Infectious Diseases
Co-investigator in UNC's Global HIV Prevention and Treatment
Clinical Trials Unit and AIDS Research Center
University of North Carolina School of Medicine
Chapel Hill, NC

Saturday, July 29th
6:00 PM – 7:30 PM CT

Internal Medicine Section Dinner Program and Awards Ceremony

How Race May Affect the Treatment and Diagnostic Journey of IBD

Networking Opportunities for R13 Scholars with IM Leaders/Experienced Researchers/R13 Planning Members

This program is sponsored in part by Takeda
This is a non-CME program

Location: Hyatt Regency New Orleans Celestin Ballroom B, Level 3

Program Chair and Moderator:

Marie L. Borum, MD, EdD, MPH, MACP, FACG, AGAF, FRCP

Professor of Medicine and Professor of Prevention and Community Health

Director, Division of Gastroenterology and Liver Diseases

George Washington University

Washington, D.C.

National Medicine Association Internal Medicine Scientific Section Chair

National Medicine Association Gastroenterology Section Chair

Associate Editor, Journal National Medicine Association

Program Information

Inflammatory bowel disease (IBD) is a condition that impacts more than 5 million people worldwide. It is under-recognized in minority populations. The incidence rates for IBD have increased significantly among non-white populations in the United States. Historically, health care providers have been advised that Blacks were not at risk for the development of inflammatory bowel disease. Lack of awareness that IBD occurs in ethnic minorities can result in a delay in diagnosis, inadequate diagnostic testing, progression of disease severity, development of complications and suboptimal treatment.

- **Dr. Marie Borum**
 - Professor of Medicine, Gastroenterologist, IBD expert
- **Dr. Evelyn Lewis**
 - Chief Medical Officer, Chroma Health Solutions
 - Founder and Chair, Veterans Health and Wellness Foundation
 - Health Disparities expert
- **Melodie Narain-Blackwell**
 - Founder and President, Color of Crohn's and Chronic Illness
 - Patient advocate living with Crohn's disease

Dr. Borum will present the Internal Medicine Section Awards after our educational program.

Internal Medicine Section Business meeting immediately following Awards Ceremony – All IM Section Subspecialty Leaders and IM Special Program leaders are requested to attend.

Sunday, July 30th

Advanced Cardiovascular Life Support Course (ACLS)

Morning

Written Test

This session will be held in Bolen 3, Level 2

**Additional paid registration required for entry*

Instructors:

Wendell Jones, M.D.

VISN Network Director

Department of Veterans Affairs

Arlington, TX

Doreen Vines, BS, NREMT/P, CPM

Clinical Educator and Program Manager HUH Resuscitation Program

Howard University Hospital

Washington, D.C.

Timecia Goree, DNP, MSN, RN

REdI Program Director and Simulation Lead

VA North Texas Health Care System

Dallas, TX

Sunday, July 30th

This event will be held in Hyatt Regency New Orleans, Imperial 5D, Level 4

8:00 – 3:00 PM **NIH-NMA Fellows' Academic Career Development Program**

(For selected fellows and residents only; detailed agenda provided in meeting room)

Sunday, July 30th

Morning

8:00 AM -9:30 AM

NMA R13 NIH Small Conference Grant Program

Networking Breakfast

Location: Hyatt Regency New Orleans Imperial 5A, Level 4

NMA 2023 Towards Equity in Academic Medicine, Scientific sessions will explore strategies to reduce health disparities in Endocrinology, Diabetes and Metabolism, HIV/AIDS, Gastroenterology, Cardiology, Pulmonology, Nephrology, and Oncology

"Funding for this conference was made possible (in part) by 1 R13 DK118916-01 from NIDDK. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention by trade names, commercial practices, or organizations imply endorsement by the U.S. Government."

Principal Investigator

Ayotunde O. Dokun, M.D., Ph.D., FACE

Chair and Course Director, Endocrinology, Diabetes, and Metabolism Sub-Specialty Section, NMA
FOEDRC Verna Funke Chair in Diabetes Research
Director, Division of Endocrinology and Metabolism
Professor of Medicine and Endocrinology
University of Iowa, Carver College of Medicine
Iowa City, Iowa

Chanda Nicole Holsey, DrPH, MPH, AE-C

Co-Principal Investigator/Program Director
NMA NIH R13 Small Conference Grant Program
IM Section Executive
Fleming Island, FL
Adjunct Faculty, BHSc Program
Dr. Pallavi Patel College of Health Care Sciences
Nova Southeastern University
Ft Lauderdale, FL

There are five objectives to this conference session:

- 1) Provide a forum for cross-disciplinary exchange of ideas to further explore issues of health disparities and health equity issues in the areas of *Endocrinology, Diabetes, and Metabolism, HIV/AIDS, Gastroenterology, Cardiology, and Pulmonology, Nephrology, and Oncology*
- 2) Foster opportunities for early-stage minority faculty and trainees to network and learn about current research in the internal medicine specialty including, *Endocrinology, Diabetes, and Metabolism, HIV/AIDS, Gastroenterology, Cardiology, Pulmonology, Nephrology, and Oncology*

- 3) Promote opportunities for all early-stage faculty and trainees to present their research findings during the general NMA poster session and our general IM Session meeting; and integrate the top recipients of the abstract submissions as oral abstract presentations within the appropriate Internal Medicine specialty presentations.
- 4) Promote opportunities for trainees to buttress this academic experience by allowing them to attend an array of NMA general Scientific Section symposia (e.g., Family Medicine, OB/GYN, Physician Executive, Community Health and Public Health, and NMA plenary sessions on violence prevention and environmental health and asthma) during the entire NMA Convention period.
- 5) Promote opportunities for early-stage faculty and trainee investigators to interact with more senior investigators working in the internal medicine specialties to enable them the opportunity to establish professional relationships that will provide early career guidance and for those interested “groom” them for future leadership in the NMA.

NIH R13 Scholars Networking Breakfast with IM Leaders/Experienced Researchers/R13 Planning Members

- | | |
|-------------------|---|
| 8:05 AM – 8:15 AM | Welcome and Introductions
Ayotunde O. Dokun, M.D., Ph.D., FACE |
| 8:15 AM – 8:50 AM | First Principles for the Black Academic Physician
Aaron Baugh, M.D.
Assistant Professor; Pulmonary and Critical Care Medicine
Former R13 Early Career Scholar
NMA Pulmonology Subspecialty Section Chair
University of California, San Francisco
San Francisco, CA |
| 8:50 AM – 9:30 AM | Questions and Answers/Small Group Discussions/Networking/Adjournment |

Sunday, July 30th, Afternoon

- | | |
|-------------------|---|
| 2:00 PM – 3:00 PM | R13 Program Continued , Part II of the R13 program will be held in IM Section Meeting Room, Hyatt Regency New Orleans Celestin Ballroom E, Level 3 |
| 2:00 PM – 2:15 PM | R13 Participants Group Photo – <i>Scholars, Early Career Faculty, and IM Leaders/Experienced Researchers/R13 Planning Members</i> |
| 2:15 PM – 3:00 PM | R13 Early Career Scholars Poster Presentations |

Faculty Engagers: Drs. Ayotunde Dokun, Rasheed Balogun, Itunu Owoyemi, Marie Borum, Natasha Travis, Aaron Baugh, Edward Treadwell, Edith Mitchell, Lanla Conteh, Hakeem Ayinde, Wallace Johnson, Onyedika Ilonze, Virginia Caine, and Adetokunbo Taiwo.

NMA NIH R13 2023 Early Career Scholars

Anna Awolope
Aissatou Bath
Olayiwola Bolaji, M.D.
Henry Chionuma, M.S.
Kamaria Coleman, M.D.

Ayotola Fatola, M.D.
Charles Green M.D.
Brittany Hugue
Gogo-Ogute Ibodeng, M.D.
William Ogedengbe
Sarina Murray, B.S.
Oreoluwa Olakunle, B.S.
Abdul Soofi, Ph.D.
Adeyinka Taiwo, M.D.
Robel Tesfay, MPH
Onyinye Ugonabo, PGY2
Amira Zaher, B.S.
Evbayekha Endurance, M.D.
Favour Markson
Tre'Cherie Crumbs, M.D.
Rosalind Byrd, M.D., MPH
Syndi Williams, M.D.
Roshelle Johns, M.D.
Akinwale Akingbule, M.D.
Mayowa Dokun
Tsion Abraham, M.D.
Ishaq Balogun

Sunday, July 30th
3:00 PM – 5:00 PM CT

Endocrinology, Diabetes, and Metabolism Subspecialty Section
Endocrinology Diabetes, and Metabolism Symposium
Bridging the Gap in Diabetes Care

Location: Internal Medicine Section Meeting Room, Hyatt Regency New Orleans Celestin Ballroom E,
Level 3

Endocrinology, Diabetes, and Metabolism Subspecialty Section Chair:

Ayotunde O. Dokun, M.D., Ph.D., FACE

Chair and Course Director, Endocrinology, Diabetes, and Metabolism Sub-Specialty Section, NMA

FOEDRC Verna Funke Chair in Diabetes Research

Director, Division of Endocrinology and Metabolism

Professor of Medicine and Endocrinology

University of Iowa, Carver College of Medicine

Iowa City, Iowa

Program Moderator:

Amie Ogunsakin, M.D.

National Medical Association

Co-Chair, Endocrinology, Diabetes, and Metabolism Subspecialty Section

Clinical Assistant Professor of Internal Medicine-Endocrinology and Diabetes

University of Iowa

Iowa City, IA

Learning Objectives

After participating in this activity, learners will be able to:

1. Recognize disparities in health outcomes that are prevalent in Diabetes Mellitus

2. Identify non glyceic benefits of the newest agents for glyceic control
3. Describe strategies for mitigation of diabetes micro and macro vascular complications
4. Discuss non-alcoholic fatty liver disease in diabetes mellitus and the role of the primary care provider
5. Discuss the role of diabetes technologies in improving diabetes care delivery

Agenda

3:00 PM – 3:10 PM CT	<p>Introduction of Session/Pre-Test Questions Amie Ogunsakin, M.D. National Medical Association Co-Chair, Endocrinology, Diabetes, and Metabolism Subspecialty Section Clinical Assistant Professor of Internal Medicine-Endocrinology and Diabetes University of Iowa Iowa City, IA</p>
3:10 PM – 3:35 PM CT	<p>Addressing Diabetes Health Disparities Sherita Hill Golden, M.D., MHS Hugh P. McCormick Family Professor of Endocrinology and Metabolism Vice President, Chief Diversity Officer Office of Diversity, Inclusion and Health Equity Johns Hopkins Medicine Baltimore, MD</p>
3:35 PM – 4:00 PM CT	<p><i>The James W. Reed, M.D., Memorial Lecture</i> Diabetes pharmacotherapy, what is new? A focus on micro and macro vascular complications Justin Echouffo Tcheugui, M.D., Ph.D. Associate Professor of Medicine Johns Hopkins School of Medicine Baltimore, MD</p>
4:00 PM – 4:35 PM CT	<p>Nonalcoholic fatty liver disease in diabetes mellitus Adeyinka Taiwo, M.D., FRCP Clinical Assistant Professor Division of Endocrinology and Metabolism University of Iowa Iowa City, IA</p>
4:35 PM - 5:00 PM CT	<p>Preventing Disease progression in Diabetic Kidney Disease Rasheed A Balogun, MD, FACP, FASN, HP(ASCP) Harrison Distinguished Teaching Professor of Medicine and Professor of Pathology University of Virginia Regional Medical Director, UVA Dialysis Program Medical Director, Apheresis Unit & Extracorporeal Therapies Division of Nephrology University of Virginia Charlottesville, Virginia</p>
5:00 PM – 5:25 PM CT	<p>Update on Continuous glucose monitors use in primary care Kevin H. McKinney, M.D., FACE Charles C. Sprague, MD Distinguished Professor in Internal Medicine Director, Division of Endocrinology and Stark Diabetes Clinic Co-Director, Endocrinology, Diabetes and Metabolism Fellowship University of Texas Medical Branch</p>

5:25 PM – 5:35 PM CT
5:35 PM – 5:55 PM CT
5:55 PM – 6:00 PM CT

Galveston, TX
Post Test
Panel Discussion/Q&A/Audience Interaction
Wrap Up/Adjournment

5:30 PM – 7:30 PM CT Exhibit Hall Grand Opening/Dinner – NMA National Office Event

**National Medical Association Annual Convention and Scientific Assembly
Internal Medicine Section
Oral Abstract Presentation**

Phase 2/3 Adaptive Trial Design: Inaxaplin in APOL1-mediated Kidney Disease
Oral Abstract Presentation

Monday, July 31st, 7:00 AM – 7:45 AM CT
Meeting Location: Hyatt Regency, New Orleans, Empire Ballroom C
This session is sponsored by Vertex Pharmaceuticals, Inc.

Abstract Title: Phase 2/3 Adaptive Trial Design: Inaxaplin in APOL1-mediated Kidney Disease

Ogo Egbuna, M.D., MSc, FASN
Vice President, Clinical Development
Vertex Pharmaceuticals Incorporated
Boston, MA

**National Medical Association Annual Convention and Scientific Assembly
Internal Medicine Section
Sponsored Talk**

End Stage Renal Disease and Lupus

Monday, July 31st, 2023, 7:45 AM – 8:30 AM CT
Meeting Location: Hyatt Regency, New Orleans, Empire Ballroom C
This session is sponsored by Genentech.

ESRD and Lupus

Rasheed A Balogun, M.D., FACP, FASN, HP(ASCP)
Harrison Distinguished Teaching Professor of Medicine and Professor of
Pathology
University of Virginia
Regional Medical Director, UVA Dialysis Program
Medical Director, Apheresis Unit & Extracorporeal Therapies
Division of Nephrology
University of Virginia
Charlottesville, Virginia

CARDIOLOGY I SUBSPECIALITY SECTION

PROTECTING BLACK LIVES: REDUCING THE DISPROPORTIONATE RISK OF CARDIOVASCULAR

DEATH AMONG BLACK AMERICANS

Location: Internal Medicine Section Meeting Room, Hyatt Regency New Orleans Celestin Ballroom E, Level 3

Monday, July 31st, 2023, 9:00 – 11:00 AM CT

NMA Internal Medicine Section Cardiology Subspeciality Section Chair
Program Moderator

Wallace Johnson, MD, FAHA, FASH

Assistant Professor of Medicine
Medical Director, Center for Aortic Disease
University of Maryland School of Medicine
Baltimore, MD

NMA Internal Medicine Section Cardiology Subspecialty Section Co-Chair and Course Director

Hakeem Ayinde, MD, MS, FACC, FHRS

Cardiology Associates of Fredericksburg
Fredericksburg, VA

Agenda

- | | |
|-----------------|---|
| 9:00am – 9:05am | Welcome and Introductory Comments
Wallace Johnson, M.D., FAHA, FASH
Assistant Professor of Medicine
Medical Director, Center for Aortic Disease
University of Maryland School of Medicine
Baltimore, MD |
| 9:05am – 9:30am | Are Black Athletes at Higher Risk of Dying Suddenly?
Hakeem Ayinde, M.D., MS, FACC, FHRS
Cardiology Associates of Fredericksburg
Fredericksburg, VA |
| 9:30am – 9:40am | NMA R13 Oral Abstract Presentation
Racial/Ethnic Differences in the Incidence and Outcomes of Out of Hospital Cardiac Arrest
Favour Markson, MD
Lincoln Medical Center |

New York, NY

9:40am – 9:45am	Questions and Answers
9:45am – 10:10am	Racial Considerations in Advanced Heart Failure Management Onyedika Ilonze, M.D., MPH, FACC, FHSA Assistant Professor of Medicine Indiana University, Indianapolis, IN
10:10am – 10:20am	NMA R13 Oral Abstract Presentation Facilitated Peer Mentoring: A Novel Model for Promoting Equitable and Inclusive Mentoring for Underrepresented Trainees in Academic Medicine Tre'Cherie Crumbs, M.D. Emory University Atlanta, GA
10:20am – 10:25am	Questions and Answers
10:25am – 10:40am	Case Presentations Hakeem Ayinde, M.D., MS Onyedika Ilonze, M.D., MPH
10:40am-11:00am	Panel Discussion, Questions and Answers Wallace Johnson, M.D. Hakeem Ayinde, M.D., MS Onyedika Ilonze, M.D., MPH
11:00 AM – 1:00 PM	Exhibit Hall/Lunch
1:00 PM – 1:05 PM	Introduction of the President of the American College of Physicians Marie Borum, M.D. Chair, NMA Internal Medicine
1:05 – 1:30 PM	American College of Physicians Presidential Address/Q&A <i>Omar T. Atiq, M.D., FACP</i>

Cardiology II Subspecialty Section Symposium

Monday, July 31st 1:30 PM – 3:30 PM CT

Location: Internal Medicine Section Meeting Room, Hyatt Regency New Orleans Celestin Ballroom E, Level 3

NMA Internal Medicine Section Cardiology Subspecialty Section Chair
Wallace Johnson, MD, FAHA, FASH
Assistant Professor of Medicine
Medical Director, Center for Aortic Disease
University of Maryland School of Medicine
Baltimore, MD

NMA Internal Medicine Section Cardiology Subspecialty Section Co-Chair and Course Director
Hakeem Ayinde, MD, MS, FACC, FHRS
Cardiology Associates of Fredericksburg
Fredericksburg, VA

Program Moderator
Onyedika Ilonze, MD, MPH, FACC, FHFSA
Assistant Professor of Medicine
Indiana University
Indianapolis, IN
Program Moderator

Keith C. Ferdinand, MD, FACC, FAHA, FASPC, FNLA
Gerald S. Berenson Endowed Chair in Preventive Cardiology
Professor of Medicine,
John W. Deming Department of Medicine
Tulane University School of Medicine
New Orleans, LA

Cardiovascular Disease Risk Reduction for the Primary Care Provider

This program is provided in collaboration with the Association of Black Cardiologists (ABC). It is also supported in part by ABC.

1:30 PM – 1:35 PM	Welcome ABC and NMA Joint Program and Introduction Onyedika Ilonze, MD, MPH, FACC, FHFSA Assistant Professor of Medicine Indiana University Indianapolis, IN
1:35 PM – 2:00 PM	Elijah B. Saunders, M.D., Memorial Lecture: Keynote Address New Frontiers in Lipid Management in Populations at High Risk for ASCVD Chima Nwaukwa, MD, FACC Metropolitan Cardiology P.A. Beaumont, TX
2:00 PM – 2:10 PM	NMA R13 Oral Abstract Presentation Disparities in Hypertension Control Amidst the Pandemic: A Multi-Year Analysis Using Epic Cosmos Anonymized Database Olayiwola Bolaji, MD
2:10 PM – 2:15 PM	Questions and Answers
2:15 PM – 2:40 PM	Lowering the Pressure: New Approaches to the Management of Resistant Hypertension Wallace Johnson, MD, FAHA, FASH Assistant Professor of Medicine

Medical Director, Center for Aortic Disease
University of Maryland School of Medicine
Baltimore, MD

- 2:40 PM – 2:50 PM NMA R13 Oral Abstract Presentation
Racial Disparities and Outcomes of Hospitalized Individuals with
Hypertensive Emergencies: A Retrospective Population-Based Cohort
Analysis
Evbayekha Endurance, MD
- 2:50 PM – 2:55 PM Questions and Answers
- 2:55 PM – 3:10 PM Case Presentation: Cardiovascular Risk Reduction in a Black Patient
Adebamike Oshunbade, M.D., MPH
Tulane University School of Medicine
New Orleans, LA
- 3:10 PM – 3:30 PM Case Discussions /Questions & Answers/Adjournment

Oncology Subspecialty Section Symposium

Monday, July 31st
3:30 PM – 6:30 PM

Location: Internal Medicine Section Meeting Room, Hyatt Regency New Orleans Celestin Ballroom E,
Level 3

Chair and Moderator
Edith P. Mitchell, MD, FACP
Thomas Jefferson University
Philadelphia, Pennsylvania

Jane Cooke Wright, MD, Cancer Disparities Symposium

Strategies to Reduce Health Disparities and Improve Cancer Outcomes

3:30 – 6:30 PM

AGENDA

3:30 – 3:35 PM Introduction and Welcome

- Edith Mitchell, MD
- Randall Morgan, MD, MBA

3:35 – 3:40 PM	Moderator Remarks Mitchell Schnall, MD, PhD Group Co-Chair; ECOG/ACRIN Cancer Research Group
	<u>Panel I – Update on Cancer Screening</u>
3:40 – 3:50 PM	Introduction of Cancer Prevention Bernard Parker, MD CAPT (ret.), USPHS Commissioned Corps Medical Officer/Program Director National Cancer Institute - Division of Cancer Prevention
3:50 – 4:00 PM	Screening for Lung Cancer Nathaniel Evans, III, MD Professor, Department of Cardiothoracic Surgery Jefferson Medical College
4:00 – 4:10 PM	Why Do Black Men Develop Prostate Cancer Younger and with More Aggressive Cancers? Yaw Nyame, MD, MS, MBA Assistant Professor Program Lead, Office of Community Outreach and Engagement Fred Hutch Cancer Center
4:10 – 4:20 PM	United States Preventive Services Task Force New Recommendations for Breast Cancer Screening Wanda Nicholson, MD, MD, MPH, MBA Vice Chair of the United States Preventive Services Task Force (USPSTF) Senior Associate Dean for Diversity, Equity and Inclusion George Washington Milken Institute of Public Health
	<u>Panel II – Cancer Therapeutic Intervention</u>
4:20 – 4:30 PM	Introduction of Cancer Clinical Trials Disparities Colin D. Weeks, MD, PhD Director of Medical Oncology Research for Pancreatic Cancer Massachusetts General Hospital Cancer Center
4:30 – 4:40 PM	Mentorship: Supporting the Growth of the Next Generation of Cancer Providers
4:40 – 4:50 PM	Precision Medicine in Breast Cancer Treatment Lisa Newman MD, MPH Professor of Surgery Chief Breast Surgery Section and Director Interdisciplinary Breast Disease Program Weill Cornell Medicine – New York Presbyterian Hospital Network
4:50 – 5:20 PM	Keynote Address – The National Cancer Plan Monica Bertagnolli, MD Director, National Cancer Institute

5:20 – 5:30 PM

Panel Discussion / Audience Q & A

5:30 – 6:30 PM

Disparities in Myeloma and Myeloma Student Research Poster Walk

- Joseph Mikhael, MD, MEd
Chief Medical Officer, International Myeloma Foundation
- John Stewart, IV, MD, MBA
Director, LSU Health New Orleans/LCMC Health Cancer Center

**Monday, July 31st,
Evening Dinner Program
6:00 PM – 9:00 PM CT**

**Association of Black Cardiologists and NMA Internal Medicine Cardiology Subspecialty Section
Joint Symposium**

Beyond Guidelines: Emerging Areas in Cardiology

Program and dinner to be held in Hyatt Regency New Orleans, Celestin B

**Pre-Registration Required due to limited seating. Link to register: <https://bit.ly/ABCNMA2023>*

Rheumatology Subspecialty Section Symposium

Tuesday, August 1st, 2023

7:00 AM – 9:00 AM CT

Location: Internal Medicine Section Meeting Room, Hyatt Regency New Orleans Celestin Ballroom E, Level 3

Rheumatology Subspecialty Section Chair and Course Director

Edward L. Treadwell, M.D.

Professor Emeritus of Medicine-

Rheumatology/Immunology; Director of Rheumatology/Immunology Research;

East Carolina University School of Medicine

Greenville, NC

Rheumatology Subspecialty Section Co-Chair

Adrienne M. Burford-Foggs, M.D.

Clinical Instructor; McGaw Medical Center of Northwestern University: Feinberg School of Medicine
Chicago, IL

Rheumatology Symposium Program Moderator

Marie L. Borum M.D., EdD, MPH

Professor of Medicine and Professor of Prevention and Community Health
Director, Division of Gastroenterology and Liver Diseases
George Washington University, Washington, D.C.
Chair, NMA Internal Medicine Section
Chair, NMA Gastroenterology Section

Agenda

- 7:00 -7:35 AM Welcome and Introduction
Marie L. Borum M.D., EdD, MPH
- 7:35 -7: 50 AM Clinical recognition of inflammatory disorders related to autoimmune polyarthritis, spondyloarthritis and non-spondyloarthritis; primarily rheumatoid arthritis, inflammatory bowel disease, psoriatic arthritis, and systemic lupus erythematosus.
Kevin Hackshaw, MD
Professor of Medicine, Chief of Rheumatology, Dell Medical School at the University of Texas at Austin
Austin, TX
- 7:50 - 8:05 AM Osteoporosis-current and past therapies and when to use.
Adrienne M. Burford-Foggs, M.D.
- 8:05 – 8:20 AM The Role of Biologics and Biosimilars in Rheumatology
Yvonne R. S. Sherrer, M.D., FACR
Center for Rheumatology
Fort Lauderdale, FL
- 8:20 - 8: 35 AM How are we doing on vaccination in Rheumatic Diseases? A Review of the 2022 American College of Rheumatology Guidelines so we can vaccinate safely
Edward L. Treadwell, M.D.
- 8:35 - 8:50 AM CDC Update vaccination guidelines for rheumatic diseases in COVID-19 Pandemic ERA.
Virginia D. Banks, M.D., MBA, FIDSA
Northeast Ohio Infectious Diseases Associates
Youngstown, OH

8:50 - 9:00 AM

Audience Interaction/Q&A/Adjournment

Drs. Treadwell and Borum

Infectious Diseases Subspecialty Section Symposium

Location: Internal Medicine Section Meeting Room, Hyatt Regency New Orleans Celestin Ballroom E, Level 3

Tuesday, August 1st
9:00 AM -11:00 AM CT

A Changing World: Opportunities for Infectious Diseases Transformation

NMA Section Stakeholders

Internal Medicine (Infectious Disease, Family Medicine)

Virginia A. Caine, M.D.

Course Director

NMA Internal Medicine Section Infectious Diseases Subspecialty Section Chair
Associate Professor of Medicine
Division of Infectious Diseases
Indiana University School of Medicine
Indianapolis, IN

Moderator:

Linnie Godlightly, M.D .

Associate Professor of Clinical Medicine, Microbiology & Immunology, Weill Cornell Medicine
President-Elect, American Society of Tropical Medicine and Hygiene (ASTMH)
New York City, NY

9:00am - 9:05am

Welcome & Seminar Introduction

Linnie Godlightly, M.D .

Associate Professor of Clinical Medicine, Microbiology & Immunology, Weill Cornell Medicine

9:05am - 9:30am

Reducing COVID-19 Disease Progression and Hospitalizations with Decisive Use of Newer Outpatient Treatment Therapies

Virginia A Caine, M.D.

National Medical Association
Internal Medicine Section Chair, Infectious Diseases
Indianapolis, IN

- 9:30am - 9:55am** ***Holiday Tripledemic Heightens the Need to Improve Adult Meningococcal Immunization Rates***
Natalie Janine M. Dailey Garnes, M.D., MPH, MS, FAAP, FACP
Associate Professor, Department of Infectious Diseases, Infection Control, and Employee Health
University of Texas MD Anderson Center
Houston, TX
- 9:55am - 10:20am** **Managing Co-Infected COVID-19 and HIV/AIDS Patients**
Virginia D. Banks, M.D., MBA, FIDSA
Northeast Ohio Infectious Diseases Associates
Youngstown, OH
- 10:20am - 10:45am** **Updates on the Epidemiology and Management Strategies for COVID-19 Infections in Minority Populations**
Sonja Hutchins, MD, MPH, DrPH, FACPM
Director, Public Health and Preventive Medicine
Residency Program and Professor
Department of Community Health and Preventive Medicine
Morehouse School of Medicine
Atlanta, GA
- 10:45am - 11:00am** **Questions/Answers**
Post-Seminar Assessment
- FACULTY PANEL**
Virginia D. Banks, M.D., MBA, FIDSA
Northeast Ohio Infectious Diseases Associates
Youngstown, OH
- Sonja Hutchins, MD, MPH, DrPH, FACPM**
Director, Public Health and Preventive Medicine
Morehouse School of Medicine
Atlanta, GA
- Natalie Janine M. Dailey Garnes, M.D., MPH, MS, FAAP, FACP***
Associate Professor, Department of Infectious Diseases, Infection Control, and Employee Health
University of Texas MD Anderson Center
Houston, TX
- Virginia A. Caine, M.D.**
National Medical Association
Internal Medicine Section Chair, Infectious Diseases
Indianapolis, IN
- 11:00 AM – 1:00 PM** **Exhibit Hall/Lunch**
- 1:00 PM – 1:30 PM**
Infectious Diseases Subspecialty Section- Expanded Case Studies

“Infectious Diseases and Global Health: Our Community Making Connections and a Difference Across the Diaspora”

Agenda

1:00 PM - 1:15 PM

Overview and Welcome

Linnie Golightly, MD

Associate Professor of Clinical Medicine, Microbiology & Immunology, Weill Cornell Medicine

1:15 PM – 1:30 PM

Panel Discussion

Khadijah Lang, MD

NMA Region 6 Chair
President, Golden State Medical Association
Founder/ Medical Director Lang Family Practice
Los Angeles, CA

Peter Kilmarx, MD

Deputy Director
Fogarty International Center (FIC)
National Institutes of Health (NIH)
Bethesda, MD

General Internal Medicine (GIM) Subspecialty Section Symposium

Tuesday, August 1st, 2023

Location: Internal Medicine Section Meeting Room, Hyatt Regency New Orleans Celestin Ballroom E, Level 3

Moderator and GIM Subspecialty Chair

Michael Knight, M.D., MSHP

Association Chief Quality and Population Health Officer
The GW Medical Faculty Associates
Washington, D.C.

1:30 PM – 3:00 PM

The Role of Nutrition in Improving Health among Adult and Geriatric Black Americans

Goal of the Session Objectives

The NMA has a vision to improve health and wellness, reduce diet-related chronic diseases and advance health equity. In line with this vision, the overall goal of the session is to highlight the role of nutrition, including dairy, fruits, vegetables, grains, and proteins, in improving health among adult and geriatric Black Americans who are at a greater risk of health disparities compared to any other racial/ethnic group in the U.S.

Learning Objectives

After the end of this session, participants will be able to:

1. Discuss the state of diet related chronic diseases that disproportionately affect Black Americans, and the role of nutrition in medical prevention and treatment plans.
2. Describe healthy dietary eating patterns recommended by Dietary Guidelines for Americans that include fruits, vegetables, grains, proteins, and dairy foods that are recommended for adult and geriatric Black Americans.
3. Identify the role of dairy in addressing diet-related disparities and improving cardiometabolic outcomes and bone health in adult and geriatric Black Americans.

Methods

This will be a four-part 90-minute session with 60 minutes of presentation content and practical application followed by 20 mins of Q & A (allow 5 minutes before and after session for pre/post CME content).

1. **Part A: Overview of the current state of disease among adult and geriatric Black Americans and corresponding policy efforts - to be delivered by a physician**
 - a. Health disparities that disproportionately affect older Black Americans (18 years +)
 - b. National policy efforts (e.g., White House Conference on Hunger, Nutrition, and Health)
2. **Part B: Overview of diet related chronic diseases that disproportionately affect adult and geriatric Black Americans and the role of nutrition and healthy dietary patterns in disease prevention and healthy aging - to be delivered by a physician**
 - a. Cardiometabolic outcomes (e.g., metabolic syndrome, cardiovascular disease, type 2 diabetes)
 - b. Bone Health (e.g., osteoporosis, bone fractures)
3. **Part C: Practical solutions and strategies to adopt Dietary Guidelines for Americans among adult and geriatric Black Americans and the role of dairy in the prevention of chronic diseases – to be delivered by a registered dietitian**
 - a. 2020-2025 Dietary Guidelines for Americans and recommended eating patterns that include fruits, vegetables, whole grain and dairy consumption recommendations
 - b. Evidence-based recommendations for addressing lactose intolerance and improving patient health with dairy among adult and geriatric Black Americans
4. **Part D: Plenary question and answer**

Expected Outcomes

At the end of the session, NMA physicians will have an:

1. Enhanced understanding of chronic diseases that disproportionately affect older Black Americans and national policy efforts underway to address them.
2. Enhanced understanding of the 2020-2025 Dietary Guidelines for Americans including the role of dairy in meeting the recommendations.

3. Understanding of the role of nutrition and healthy dietary patterns that include dairy in the prevention of chronic diseases that disproportionately affect adult and geriatric Black Americans, including cardiometabolic disease and osteoporosis.
4. Enhanced knowledge and practical skills to support patients to adopt healthy dietary patterns using cultural relevant approaches, including how to address challenges with lactose intolerance.
5. Understanding of how dairy foods are an affordable and accessible solution to address diet and health disparities among adult and geriatric Black Americans.

Agenda

1:30 PM – 1:35 PM	<p>CT Welcome & Pre-Test Michael Knight, M.D., MSHP Association Chief Quality and Population Health Officer The GW Medical Faculty Associates Washington, D.C.</p>
1:35 PM – 1:55 PM	<p>CT Chronic Diseases and the State of Black America Natasha Travis, M.D. General Internal Medicine Assistant Professor of Medicine Emory University School of Medicine Atlanta, GA</p>
1:55 PM – 2:15 PM	<p>CT The Role of Nutrition and Healthy Dietary Patterns in Disease Prevention Shadrach Smith, M.D. Kansas City, MO</p>
2:15 PM – 2:35 PM	<p>CT Practical Solutions for the Adoption of Dietary Guidelines Among Black Americans Nada Mays</p>
2:35 PM – 2:55 PM	<p>CT Panel Discussion and Q&A Drs. Knight, Travis, Smith, and Ms. Mays</p>
2:55 PM – 3:00 PM	<p>CT Post-Test Questions/Meeting Adjournment Michael G. Knight, M.D.</p>

Tuesday, August 1st
3:00 PM – 5:00 PM

Nephrology Subspecialty Section Symposium

OPTIMIZING KIDNEY HEALTH FOR ALL

Location: Internal Medicine Section Meeting Room, Hyatt Regency New Orleans Celestin Ballroom E,
Level 3

Chair

Rasheed A Balogun, MD, FACP, FASN, HP(ASCP)

Harrison Distinguished Teaching Professor of Medicine and Professor of Pathology
University of Virginia School of Medicine
Regional Medical Director, UVA Dialysis Program
Medical Director, Apheresis Unit & Extracorporeal Therapies
Division of Nephrology
University of Virginia
Charlottesville, Virginia

Co- Chairs

Itunu Owoyemi, MBBS

Department of Kidney Medicine
Glickman Urological and Kidney Institute
Cleveland Clinic
Cleveland, Ohio

Adetokunbo Taiwo, MD

Clinical Assistant Professor
Division of Nephrology
Stanford University
Palo Alto, California

NEPHROLOGY I: VALUE BASED CARE OF THE CHRONIC KIDNEY DISEASE PATIENT

Chronic kidney disease (CKD) continues to be a national and global public health issue. In July 2019 – the Advancing American Kidney Health' (AAKH) Executive order to reduce the risk of kidney failure; improve access to and quality of person-centered treatment options; and increase access to kidney transplantation gave more insight to the general public on addressing the burden of CKD. Following the

executive order, innovations, groundbreaking clinical trials and novel therapeutics have evolved for slowing progression of chronic kidney disease and treatment of glomerular diseases.

In recent years, the medical community has spotlighted race as a non-biological social construct that introduces disparities in the care of individuals with chronic diseases such as CKD. The inclusion of race in glomerular filtration rate (GFR) estimating equations is flawed and has led to later referral for advanced CKD management and referral for transplantation in African Americans. Reviews have highlighted structural racism as a major determinant of health and several factors have been identified as drivers of racial inequities in incidence of kidney failure and progression of CKD. These disparities were amplified in the recent COVID 19 pandemic where vaccination hesitancy, increased risk of severe complications and progression of kidney disease posed challenges to bridging the gap of health inequalities.

Although there has been a substantial reduction in the new cases of End stage kidney disease (ESKD) per million population, the number still fall far from the Healthy People 2020 target highlighting the need to address metrics contributing to poor outcomes. Blacks still have a prevalence of ESKD 3.5-4 times higher than in Whites. Hypertension is a common clinical manifestation seen in chronic kidney disease as the glomerular filtration rate falls. There is a higher burden of resistant hypertension among patients with hyperkalemia and facilitate the use of these agents as effective control of the medications. Stage 3b-4 CKD and the use of several antihypertensives such as mineralocorticoid receptor inhibitors and renin angiotensin aldosterone system has been restricted mainly due to the risk of hyperkalemia. New potassium binding therapies overcome the barrier.

As CKD progresses to end stage kidney disease, home dialysis modalities are being encouraged to optimize quality of life, improve cardiovascular outcomes, and reduce comorbidities. There are several studies that show disparities in access to home hemodialysis or kidney transplantation among minorities including the African American population.

Kidney transplantation is the treatment of choice for patients with kidney failure. It is well known that the life expectancy and quality of life of patients treated with kidney transplantation exceed those of patients treated with dialysis for kidney failure.

Several policies have been established to best allocate kidneys to reduce disparities which remain prevalent in the deceased donor waitlist with over 100,000 individuals. Innovative ways to reduce delayed graft function by using machine perfusion has also been reported.

Living donation in blacks remains low about 9% of total donors. Direct and indirect costs in the donation process are not reimbursed such as travel, lost time from work and dependent care. In December 2019 HRSA issued a proposed rule to support living donor kidney transplantation. by addressing financial disincentives to living donation; by expanding scope of reimbursable expenses to include lost wages, childcare, eldercare expenses for those who lack financial support , administered through the national living donor assistance center(NLDAC).

Clinical Need and Gap Analysis: African Americans and other minorities in the US have a higher prevalence of chronic kidney disease. Infections are a leading cause of death in ESKD patients treated with dialysis. The effects of CKD on efficacy of vaccines. There is a continued need to implement updated management guidelines in practice patterns to ensure value-based care of individuals with CKD and ESKD. African Americans in the US have a lower living donation rate and disparities regarding kidney transplantation. There is increasing need for health care providers to adopt and disseminate updated information regarding at risk deceased donor kidney transplantation including effective management of living donors.

Needs Assessment: There are several studies addressing barriers to accessing care and evaluating African Americans for chronic kidney diseases; several factors have also been identified to improve equity in care. Health care providers play a critical role in understanding and applying evidenced based updated guidelines in daily practices to reduce disparities.

Learning Objectives: At the end of this session, participants will be able to

1. List the sequence of antihypertensive therapy in management of hypertension in CKD
2. Enumerate the clinical trials data, corresponding medications, and the implications for prevention and/or progression of CKDs in Blacks.
3. Review blood pressure assessment and goal target in CKD
4. Outline strategies to overcome the barrier of hyperkalemia with novel therapeutics
5. Review the effects of CKD on Efficacy of Vaccines
6. Describe immunization guidelines for vaccinations in ESKD patients
7. List the different modalities of home renal replacement therapy.
8. Describe immunosuppressive strategies to reduce transplant rejection.
9. Discuss clinical management and medication options for maintenance immunosuppression in kidney transplant recipients.

NEPHROLOGY I

3:00pm – 3:05pm	<p>Welcome and Introductory Comments. Itunu Owoyemi M.D. Department of Kidney Medicine Glickman Urological and Kidney Institute Cleveland Clinic Cleveland, Ohio</p>
3:05 pm– 3:25pm	<p>Vaccinations in Patients with kidney disease; An Approach to Hesitancy with COVID 19 vaccination Rasheed Balogun MD, FACP, FASN, HP(ASCP) Harrison Distinguished Teaching Professor of Medicine and Professor of Pathology University of Virginia School of Medicine Regional Medical Director, UVA Dialysis Program Medical Director, Apheresis Unit & Extracorporeal Therapies Division of Nephrology University of Virginia Charlottesville, Virginia</p>
3:25 pm – 3:45pm	<p>Overcoming the Barrier to Optimal Blood Pressure control: Pragmatic Management of Hyperkalemia Robert S Hoover M.D., FASN, FAHA Section Chief of Nephrology and Hypertension Tulane University New Orleans, LA</p>
3:45 pm – 4:05pm	<p>Advanced CKD and Bridge to Transplantation – The Benefits of Home dialysis modalities Anika Lucas MD, MTS Clinical Instructor Division of Nephrology Duke University Raleigh, NC</p>
4:05 pm – 4:25pm	<p>Primary Care of the Kidney Transplant Recipient</p>

Adetokunbo Taiwo
Assistant Professor of Medicine
Division of Nephrology
Stanford University
Palo Alto, California

4:25pm – 5:00pm

Panel discussions, Case Review and Round table and Patient Perspective –

Moderators - Dr. Itunu Owoyemi
Dr. Rasheed Balogun

Participants–Dr. Adetokunbo Taiwo
Dr. Robert S Hoover
Dr. Anika Lucas

Case 1 - Dr. Rasheed Balogun
Case 2 - Dr. Anika Lucas
Case 3 - Dr. Adetokunbo Taiwo

NEPHROLOGY II: MULTIDISCIPLINARY COLLABORATIVE SESSION

Tuesday August 2nd, 2023, 5- 7 PM

Location: Internal Medicine Section Meeting Room, Hyatt Regency New Orleans Celestin Ballroom E, Level 3

PROTECTING THE HEART AND KIDNEY: PREVENTITIVE STRATEGIES IN DIABETES MELLITUS MANAGEMENT WITH THE ERA OF NOVEL THERAPEUTICS

Diabetes kidney disease accounts for nearly half of all cases of kidney failure that require kidney replacement therapy (dialysis or transplant) in the United States and occurs in about 40% of persons with T2D and 30% of those with T1D. As the global prevalence of diabetes continues to increase, targeted approaches to manage diabetes related complications are urgently needed as well. In recent years, novel therapies have been developed that whilst improving glycemic control, also confer cardiometabolic benefits and prevent or slow progression of diabetes kidney disease.

Despite these therapies being included, in several guidelines they are not widely prescribed. Lack or inadequate knowledge about these therapies, perceptions about individuals most likely to benefit as well as side effects have been hypothesized as one of many reasons why these agents are not widely prescribed. Therefore, initiatives and direct health provider education addressing these factors may be most effective at transforming clinical practice.

Heart disease is the leading cause of death in the United States, accounting for 1 in every 5 deaths. About 697,000 persons died from heart disease in the United States in 2020. Atherosclerotic cardiovascular disease (ASCVD) and heart failure are two leading causes of morbidity and mortality from heart disease. Black Americans, most especially women, are disproportionately affected by heart failure. The incidence, as well as prevalence of heart failure in Non-Hispanic Blacks is almost twice that of Non-Hispanic Whites. Black Americans are more likely to suffer heart failure at a younger age. Results of randomized clinical trials in the past decade have led to a new approach in the management of diabetes, with greater focus on primary and secondary prevention of ASCVD and heart failure.

The preponderance of evidence on the cardiovascular benefits of glucose lowering agents in the SGLT2-inhibitor and GLP-1 receptor agonist classes has led to a recent change in diabetes and cardiovascular guidelines. The American Diabetes Association recommends the use of SGLT-2 inhibitors and GLP-1 receptor agonists with proven cardiovascular benefits as first line therapy for patients with diabetes mellitus type 2 who have (or at high risk for) ASCVD, heart failure or chronic kidney disease. Similarly, The American College of Cardiology advises starting a SGLT2 inhibitor or GLP-1receptor agonist with

proven cardiovascular benefit as first line therapy in patients ≥ 18 years old with type 2 diabetes mellitus and at least one of ASCVD, heart failure, diabetic kidney disease or at high risk for ASCVD. Additionally, the 2022 AHA/ACC/HFSA guideline for the management of heart failure recommends the use of risk factor mitigation, including the use of SGLT-2 inhibitors to prevent symptomatic heart failure in patients at risk (Stage A). 'Quad therapy' with Beta blockers, ACE inhibitors/Angiotensin receptor blockers/Sacubitril-Valsartan, Mineralocorticoid receptor antagonists and SGLT-2 inhibitors are now standard of care for stage C heart failure patients

The advances in technology, therapeutics and outcomes of clinical trials have also given rise to several options to halt progression of diabetic kidney disease. Diabetic kidney disease remains the most common cause of kidney disease in the United States and globally. Racial and ethnic minorities have greater odds of albuminuria than Whites with and without diabetes which persist primarily for those with GFR less than 60 mL/min/1.73 m². It is projected that by 2045, about 700 million people will be living with diabetes; about half of these people will develop chronic kidney disease. In 2020, the first kidney disease improving global outcomes (KDIGO) Guideline for Diabetes management in kidney disease was established highlighting nonpharmacological and new pharmacological strategies for protecting kidney function in diabetic patients. The potential adverse effects from use of some of the newer reno- and cardio-protective glucose-lowering medications, such as the sodium glucose cotransporter-2 inhibitors, may be effectively avoided with detailed patient education and monitoring by the healthcare provider.

Clinical Need and Gap Analysis:

Management of diabetes mellitus and optimal glycemic control is often influenced by the severity of a patient's kidney dysfunction and other co-morbid factors. It is essential that health care providers are aware of recent advances and optimal approaches for glycemic control, which are critical for prevention and slow progression of diabetes related complications.

Primary care providers will need to have a better understanding of the risk factors of ASCVD and heart failure. As a result, there is a particular need for better awareness of the role that risk factors play in incident heart failure and atherosclerotic cardiovascular disease, and how early control of these risk factors can improve morbidity and mortality. It is also important to understand how social determinants of health act as important barriers to optimizing ASCVD and heart failure care in this vulnerable population.

Uncontrolled diabetic nephropathy leads to progression of CKD. It is imperative for healthcare providers to stay abreast with groundbreaking novel treatment modalities and pragmatic approaches to implementation towards improvement of patient outcomes.

Needs Assessment:

The presentation will review current novel therapeutics associated with reduced mortality, ASCVD, heart failure and diabetic nephropathy.

Learning Objectives:

1. Discuss the social determinants of health that contribute to the incidence and affect outcomes of patients with ASCVD and heart failure.
2. Identify risk factors of ASCVD and heart failure.
3. Discuss current guideline recommendations in prevention, diagnosis, and management of ASCVD and heart failure.
4. Discuss patient clinical factor(s) and appropriate medication choice in select diabetes complications.
5. Highlight mitigation strategies for side effects of discussed agents.
6. List novel medications associated with slow progression of diabetic kidney disease.
7. List approaches to improved outcomes and patient advocacy in diabetes and CKD.

5:00pm – 5:15 pm

Break

5:15pm – 5:30pm

Welcome and Introductory Comments.

Itunu Owoyemi M.D.
Department of Kidney Medicine
Glickman Urological and Kidney Institute
Cleveland Clinic
Cleveland, Ohio

5:30pm – 5:50pm

Challenges and Strategies to Optimizing Glucose Control – Pearls For Primary Providers and Specialists

5:50pm – 6:10pm

Evidence-Based Approach to Cardiovascular Risk Reduction in Patients with Diabetes Mellitus and Guideline Directed Medical Therapies

6:10pm – 6:30pm

Stepwise Approach for Early Management of Diabetic Kidney Disease in Diverse Clinical Settings: The Role of Newer Antidiabetic Medications

6:30 pm – 6:40pm

Q/A Session

6:45pm – 7:00pm

Panel discussions, Case Review and Round table and Patient Perspective

Moderators - Dr. Itunu Owoyemi
Dr. Rasheed Balogun
Dr. Ayotunde Dokun
Dr. Hakeem Ayinde

Nephrology Subspecialty Section Symposium

Wednesday, August 2nd 7:00 – 8:00 AM CT

Location: Internal Medicine Section Meeting Room, Hyatt Regency New Orleans Celestin Ballroom E, Level 3

Breakfast Meeting

APOL 1 MEDIATED KIDNEY DISEASE (AMKD) – WHAT EVERY PHYSICIAN SHOULD KNOW

In the United States, 37 million adults are estimated to have kidney disease, also known as chronic kidney disease (CKD) and approximately 90 percent don't know that they have it (The Centers for Disease Control and Prevention, Chronic Kidney Disease in the United States, 2021). CKD disproportionately affects communities of color. Black or African American are more than three times as likely as than other ethnicities and races to have progress to end stage kidney disease. Although they make up only 13.5% of the population, Black or African American make up more than 35% of dialysis patients (Health Disparities, National Kidney Foundation, 2022). The major causes of kidney disease, including diabetes, hypertension, obesity, cardiovascular disease, and family history are all more prevalent among Black Americans. Additionally, studies have shown that the higher rates of severe kidney diseases in African American could be attributed to genetic variants in the APOL1 gene found only in individuals with recent African ancestry.

The APOL1 gene is part of the gene family our body's built-in system to fight threats. It is located on chromosome 22 and has two coding variants. These variants greatly increase rates of hypertension-associated end stage kidney disease, focal segmental glomerulosclerosis, HIV-associated nephropathy, and other forms of nondiabetic kidney disease. Since people of African descent are more likely to have two mutations gene of the APOL1 (termed G1 and G2), they therefore have an increased risk of developing nondiabetic kidney disease and an increased risk for idiopathic focal segmental glomerulosclerosis.

Clinical Need and Gap Analysis: African Americans and other minorities in the US have a higher prevalence of chronic kidney disease. Clinician awareness of APOL1 gene is low especially in primary care settings.

Needs Assessment: There are several studies addressing barriers to accessing care and evaluating African Americans for chronic kidney diseases; several factors have also been identified to improve equity in care. Health care providers play a critical role in understanding APOL1 mediated kidney disease to appropriately advise, educate and share evidence based resources to their patients.

Learning Objectives: At the end of this session, participants will be able to

1. Discuss the history and cause of AMKD in people of Sub-Saharan African Descent
2. Identify risk factors associated with AMKD.
3. List diagnostic modalities and resources available for AMKD

AGENDA

7:00am – 7:05am	Welcome and Introductory Comments. Itunu Owoyemi M.D. Department of Kidney Medicine Glickman Urological and Kidney Institute Cleveland Clinic Cleveland, Ohio
7:05am – 7:25am	APOL1 Mediated Kidney Disease – The past, present and future Daniel J. Watford, MD MPH Assistant Professor of Medicine University of Washington Medicine Seattle, Washington
7:25am – 7:45am	APOL1 Mediated Kidney Disease – Updates from Bench to Bedside Opeyemi Olabisi MD, PhD Assistant Professor of Medicine Department of Medicine Duke University School of Medicine Durham, North Carolina
7:45am – 8:00am	Panel discussions, Case Review and Round table discussions– Moderators - Dr. Itunu Owoyemi Dr. Rasheed Balogun Participants – Dr. Daniel Watford Dr. Opeyemi Olabisi Dr. Adetokunbo Taiwo

Wednesday, August 2nd
8:00 AM – 11:00 AM CT

Obesity Subspecialty Section Symposium

Weight Management: Closing the Knowledge and Diversity Gaps

Location: Internal Medicine Section Meeting Room, Hyatt Regency New Orleans Celestin Ballroom E,
Level 3

Obesity Subspecialty Session Chair and Program Moderator:

Ayotunde O. Dokun, M.D., Ph.D., FACE

Chair and Course Director, Endocrinology, Diabetes, and Metabolism Sub-Specialty Section, NMA
FOEDRC Verna Funke Chair in Diabetes Research
Director, Division of Endocrinology and Metabolism
Professor of Medicine and Endocrinology
University of Iowa, Carver College of Medicine
Iowa City, Iowa

Amie Ogunsakin, M.D.

National Medical Association
Co-Chair, Obesity Subspecialty Section
Clinical Assistant Professor of Internal Medicine-Endocrinology and Diabetes
University of Iowa
Iowa City, IA

Agenda

8:00 AM – 8:10 AM CT

Introduction of Session/Pre-Test Questions

Ayotunde O. Dokun, M.D., Ph.D., FACE

Chair and Course Director, Endocrinology, Diabetes, and Metabolism
Sub-Specialty Section, NMA
FOEDRC Verna Funke Chair in Diabetes Research
Director, Division of Endocrinology and Metabolism
Associate Professor of Medicine and Endocrinology
University of Iowa, Carver College of Medicine
Iowa City, Iowa

8:10 AM – 8:30 AM CT	<p>Obesity and disparities in health outcomes Lydell Lettsome, M.D., FACP Medical Director Wound Care at Bayhealth Hospital Dover, Delaware</p>
8:30 AM – 8:50 AM CT	<p>Medication treatment of obesity Sylvia Gonsahn-Bollie, M.D., DipABOM, FOMA EmbraceYou Weight & Wellness, C.E.O. & Lead Physician Co-Founder, Institute of Basic Technology Obesity Medicine Specialist, A.B.O.M. Internal Medicine/Primary Care, A.B.I.M.</p>
8:50 AM – 9:10 AM CT	<p>Non-pharmacology approaches to obesity management: What is the verdict on artificial sweeteners and intermittent fasting Tiffani Bell Washington, M.D., MPH, FAPA, DipABOM, DipABLM Medical Director, Elevance Health (Anthem) Founder/CEO The Healthy Weigh MD, PLLC Boston, Massachusetts</p>
9:10 AM – 9:30 AM CT	<p>Surgical management of obesity: Clinical Pearls for practice Amie Ogunsakin, M.D. National Medical Association Co-Chair, Obesity Subspecialty Section Clinical Assistant Professor of Internal Medicine-Endocrinology and Diabetes University of Iowa Iowa City, IA</p>
9:30 AM – 9:50 AM CT	<p>Medical management of the post bariatric patient including avoiding weight regain</p> <p>Alicia Shelly, M.D., FAPCP, DABOM Wellstar Medical Center Centers of Best Health Douglasville, GA Wellstar Primary Care Douglasville Lead Physician Douglasville, GA</p>
9:50 AM – 10: 10 AM CT	<p>Optimizing Outcomes in Obesity Management by Addressing Psychosocial Influences on Behavioral Health</p> <p>Camille Clarke MD, MBA, MPH, FACP Diplomat ABIM, ABLM, ABOM Chief Medical Officer, Au Naturel Health Consulting Firm Health System Science Lead, Toronto Metropolitan University <i>Loma Linda University Assistant Professor (Adj) Department of Medicine, Department of Preventive Medicine, Department of Behavioral Health</i></p>
10:10 AM – 10: 20 AM CT	<p>Post Test Questions Ayotunde O. Dokun, M.D., Ph.D., FACE</p>
10:20 AM – 10:35 AM CT	<p>Panel Discussion/Q&A/Audience Interaction/Adjournment</p>

Faculty Biographies

Lawrence Agodoa, M.D.

Dr. Agodoa graduated from the Cornell University Medical College, New York, NY in 1971. He completed internship and residency training in Internal Medicine at the University of Washington Hospitals in Seattle, WA, and three-year training in clinical and basic research in Nephrology, and Renal Pathology.

He was appointed Chief of the Nephrology Service at the Madigan Army Medical Center, Tacoma, WA, 1976 to 1981. He subsequently completed 2 years of clinical and research training in Rheumatology and Immunology, 1981-1983. In 1983, he was assigned to the Walter Reed Army Medical Center as Assistant Chief of the Nephrology Service and the Nephrology Training Program, and also appointed to the faculty of Medicine at the Uniformed Services University of the Medical Sciences (USUHS), Bethesda, Maryland. In 1985, he was appointed Director of the Military Medical Research Fellowship at the Walter Reed Army Institute of Research.

In 1987, he was appointed Director of the Clinical Affairs Program in the Division of Kidney, Urologic, and Hematologic Diseases at the National Institute of Diabetes, Digestive and Kidney Diseases of the National Institutes of Health (NIH), Bethesda, Maryland. He also was an intramural research scientist in the Laboratory of Cell and Molecular Biology, NIDDK, from 1987 to 1992.

As OMHRC director since 2000, Agodoa spearheaded many of NIDDK's signature programs to advance health equity and scientific workforce diversity. His career accomplishments also include leading the development and implementation of NIDDK's first Strategic Plan on Minority Health Disparities and making valued public health contributions through kidney disease research and clinical practice.

In all his roles, he remained tirelessly dedicated to achieving NIDDK's mission of improving health for all people.

"NIDDK has enabled me to carry out my ideal professional pursuits," said Agodoa. "Therefore, there has not been a need for me to work anywhere else since my arrival at NIH."

Under Agodoa's leadership, OMHRC established several long-term diversity programs that, for more than two decades, have supported people from groups that have been historically underrepresented in biomedical research.

Among the initiatives Agodoa helped create and develop are NIDDK's Diversity Summer Research Training Program and Short-Term Research Experience to Unlock Potential, which provide training to high school and college students from under-resourced communities; and the Network of Minority Health Research Investigators, which supports and mentors researchers throughout their careers.

Agodoa also oversaw the Minority Organ and Tissue Donation Program, which he helped initiate in 2001 to reduce barriers to organ and tissue donation among various racial and ethnic communities. He has published more than 300 papers and served as a physician at Walter Reed Army Medical Center, professor at the Uniformed Services University of the Health Sciences and consultant in gastroenterology and urology for the Food and Drug Administration.

In retirement, Agodoa will return to Seattle, where he completed his medical residency and postgraduate training in internal medicine, nephrology, renal pathology and rheumatology.

Omar T. Atiq, M.D., FACP

Dr. Atiq is the president of the American College of Physicians (ACP). Dr. Atiq is a professor of medicine and otolaryngology-head and neck surgery at the University of Arkansas for Medical Sciences (UAMS). He also serves as director of the Cancer Service Line at UAMS Medical Center and associate director of the UAMS Winthrop P. Rockefeller Cancer Institute.

He most recently served as governor of the Arkansas Chapter of ACP. Governors are elected by local ACP members and serve four-year terms. Working with a local council, they supervise ACP chapter activities, appoint members to local committees, and preside at regional meetings. They also represent members by serving on the ACP board of governors. He has been a fellow of ACP (FACP) since 1993. FACP is an honorary designation that recognizes ongoing individual service and contributions to the practice of medicine.

Atiq earned his medical degree from the Khyber Medical College, University of Peshawar, Pakistan. He is board certified in medical oncology, hematology and internal medicine.

The main areas of professional interest for Atiq include national health reform, Arkansas health care access, scope of practice, private and community practice, and payment reform.

Hakeem Ayinde, MD

Dr. Ayinde is a board-certified cardiac electrophysiologist at the Cardiology Associates of Fredericksburg, and an adjunct Clinical Assistant Professor at the University of North Carolina, Chapel Hill.

In his clinical practice, he has special interest in conduction system pacing, ablation of complex arrhythmias and for treatment of functional bradycardia, and management of inherited cardiomyopathies and arrhythmias.

Dr Ayinde's research focuses on atrial fibrillation and cardiac implantable electronic devices. Some of his research interests include atrial fibrillation in athletes, device-detection of atrial fibrillation, and outcomes of atrial fibrillation ablation.

He has a very strong interest in medical education, mentoring, reducing healthcare disparities, and increasing access to healthcare among minority populations. He serves as the Vice-Chair of the Internal Medicine Section of the National Medical Association as well as the co-Chair of Cardiology subsection of the NMA. Dr Ayinde serves on the program committee of the Heart Rhythm Society and is also a member of the cardiac electrophysiology committee and communications committee of the Association of Black Cardiologists. He mentors many young minority physicians through the Association of Black Cardiologists.

Rasheed Abiodun Balogun, MBBS FACP FASN HP(ASCP) FMCP

Rasheed Abiodun Balogun, MBBS FACP FASN HP(ASCP) FMCP is the Harrison Distinguished Teaching Professor of Nephrology at University of Virginia Medical Center. He is the Medical Director of the Extracorporeal Therapies (Apheresis) Program, Zion Crossroads Hemodialysis Unit and Encompass Health Subacute Hemodialysis Unit at University of Virginia. He received his medical training at University of Ibadan, Nigeria and University of Connecticut, USA.

Dr Balogun is a nephrologist with advanced expertise in extracorporeal therapies, the use of highly specialized techniques for blood detoxification or medical purification. His clinical and research interests include providing care for patients focusing on prevention and treatment of acute and chronic kidney disease and using extracorporeal therapies like therapeutic apheresis to treat renal, neurological and hematological disorders.

He is a fellow of the American College of Physicians, the Postgraduate Medical College of Nigeria, American Society of Nephrology and the National Kidney Foundation (USA). He created and directs the Therapeutic Apheresis Academy, an annual multidisciplinary national conference. He serves on the executive committee of the UVa faculty senate and was the foundation student affairs dean of the Walter Reed College at UVa. Beyond UVa, he serves on the editorial board of the Journal of Clinical Apheresis and previously the ASAIO Journal. He served as a member of the board of directors of the American Society for Apheresis and a member of the committee that writes "Guidelines on the Use of Therapeutic Apheresis in Clinical Practice". He serves on the Diversity and Inclusion committee of the American Society of Nephrology, chairs the Nephrology subsection, and is past chair of the Internal Medicine Section of the National Medical Association (USA).

Virginia D. Banks, M.D.

Dr. Virginia D. Banks known to friends as "DEE" is a native of Raleigh, North Carolina. She received a Bachelor's Degree in Biology from Western College for Women (now The Western College of Miami University) Oxford, Ohio, graduated from Case Western Reserve School of Medicine in Cleveland, Ohio and completed an internship in Internal Medicine at the Cleveland Clinic Foundation and two years of residency and an infectious disease fellowship at University Hospitals of Cleveland. Dr. Banks holds an MBA from the Williamson School of Business at Youngstown State University in Youngstown, Ohio.

Dr. Banks is board certified in Internal Medicine and Infectious Diseases. She is a fellow in the Infectious Disease Society of America and an active member of the National Medical Association. Dr. Banks is presently with Northeast Ohio Infectious Disease Associates in Youngstown, Ohio. She recently completed fifteen years as head of Infectious Disease at University of Pittsburgh Medical Center-Horizon Campus in Hermitage, Pennsylvania. While there she was named Clinician of the Year in 2014. Dr. Banks has been involved in medical education for many years. In that capacity she has mentored numerous incoming medical students and served as a preceptor for many residents rotating on the Infectious Disease Service. Dr Banks was the National Chair of the The Links, Inc. initiative on HIV/AIDS and Hepatitis C. While in this position the Links collaborated with the Center for Disease Control to bring a Sexual Health Curriculum to some of the historically Black Colleges. During that time over 5000 incoming freshmen were instructed in this curriculum.

In 2019 Dr Banks received the Watanakunakorn Clinician Award. This award in memory of Dr. Chatrchai Watanakunakorn is presented annually to a member of the Infectious Disease Society of America who spends at least seventy-five percent of his or her time in direct patient care. Furthermore, the recipient must demonstrate their commitment to the field through excellence in clinical care, patient or community education, patient advocacy, general community service, and service to a national or state infectious diseases society.

Dr. Banks is also the new chair of the George Counts Interest Group of the Infectious Disease Society of America. The mission of this group is to advocate for the elimination of disparities in healthcare in general and infectious diseases in particular. This group also seeks to play a role in IDSA/HIVMA's ongoing effort toward inclusion and diversity.

Dr. Banks is the mother of four children: Todd Payne, Mark Banks, Matthew Banks Esquire, and Dr. Mary Branch. She is the grandmother of Olivia Virginia Branch and Grayden Kane Payne.

Aaron Baugh, MD

Dr. Aaron Baugh is a second-generation National Medical Association member that grew up in Ann Arbor, Michigan. After completing medical school and residency at the University of Toledo College of Medicine, he matriculated to the University of California San Francisco for fellowship in Pulmonary & Critical Medicine. Dr. Baugh chose to launch his academic career from here, with a research program that focuses on racial and socioeconomic health disparities in obstructive lung disease. He is a recognized expert in the measurement of lung function, who serves on the American Thoracic Society's Health Equity and Diversity Committee, and as a question reviewer for the National Board of Respiratory Care. He is the current chair of the National Medical Association's Pulmonary Medicine Sub-Section.

David L. Bell, MD, MPH

David L. Bell, MD, MPH, is an Associate Professor in the Department of Pediatrics (College of Physicians & Surgeons) and in the Heilbrunn Department of Population and Family Health (Mailman School of Public Health) at Columbia University Medical Center. Since 1999, Dr. Bell has been Medical Director of the Young Men's Clinic. In that capacity, he delivers primary care to adolescent and young adult males and is a strong advocate for the right of young men to have access to high quality and respectful services that address the issues relevant to adolescent and young men, which includes attention to their sexual and reproductive health. Dr. Bell is active locally, nationally, and internationally. He advises and teaches medical students, residents, and public health students. He lectures and leads workshops nationally on young men's health issues. He serves on Mayor de Blasio's Sexual Health Education Task Force. He serves as a consultant for the Federal Office of Population Affairs. Internationally he has worked with colleagues in the Dominican Republic, St. Lucia, and Uganda. He currently serves on the advisory board for **The Men's Active Positive Presence in the lives of Children (M.A.P.P.) Project** to be implemented in five countries in Africa and the board of directors for Promundo.

Dr. Bell has received several honors, including Castle Connolly's Top Doctors: New York Metro Area, MSNBC's "the Griot's 100", Mentor of the Year, and New York Presbyterian Hospital Physician of the Year. Dr. Bell has been featured on MTV, BET, CBS, NPR, and National Geographic Taboo.

Sylvia Gonsahn-Bollie, MD, DABOM, FOMA

Dr. Sylvia Gonsahn-Bollie is an innovative leader in integrative obesity care with a deep understanding of its impact on the Black community. Founder of Embrace You Weight & Wellness, she advocates for equitable obesity care through culturally sensitive education, personalized clinical care, and leadership. She serves on the board of trustees for both the Obesity Medicine Association and National Wellness Institute. Her book "Embrace You: Transforming Weight Loss Misconceptions Into Lifelong Wellness" is a bestselling title that received Healthline's "Best Overall Weight Loss Book" award in 2022 and 2023. The groundbreaking book promotes a personalized approach to determining a "Happy, Healthy Weight" beyond the biased BMI. Dr. Bollie's expertise is sought after, and her content is featured on platforms like BlackDoctor.org, Black Health, Medscape, etc. Beyond being a physician, Dr. Bollie is a faithful follower of Christ, lover of all people, wife, mother of two, distance runner, creative cook, and philanthropist. Follow her at @EmbraceYouMD or visit www.embraceyouweightloss.com to connect.

Marie L. Borum, MD, EdD, MPH, MACP, FACG, AGAF

Dr. Marie Borum is a Professor of Medicine and the Director of the Division of Gastroenterology and Liver Diseases at The George Washington University. She received her undergraduate degree from Princeton University, a medical degree from Rutgers Medical School, a masters in public health and a doctorate in education from the George Washington University. She completed her internship, residency and specialty training at George Washington University. She is board-certified in internal medicine and gastroenterology.

Dr. Borum is a member of the AOA medical honor society and Delta Omega public health honor society. She completed the Leadership Development for Physicians in Academic Medicine program at Harvard University School of Public Health. She has also completed the Hedwig van Ameringen Executive Leadership in Academic Medicine (ELAM) Fellowship. Dr. Borum is a Master in the American College of Physicians, a fellow in the American College of Gastroenterology and the American Gastroenterological Association. She has been selected as a Top Doctor in Washington, D.C., Top Doctor in Northern Virginia and Top Doctor in America.

Dr. Borum has received multiple research grants, been involved in community outreach programs, and been involved in the development educational programs. She has given multiple regional, national and international lectures. Her research interests have included medical education, physician practice patterns, health disparities, women's health, colorectal cancer screening, inflammatory bowel disease and liver disease. She has edited 4 text books, written more than 400 abstracts, 100 book chapters and 130 peer-reviewed publications.

Virginia A. Caine, M.D.

Virginia A. Caine, MD is the Director and Chief Medical Officer of the Marion County Public Health Department. She is an Associate Professor of Medicine at Indiana University School of Medicine Infectious Diseases Division. She is the Past President of the American Public Health Association, Chair of the National Medical Association Infectious Diseases Section, and member of the NMA and Indiana COVID-19 Task Forces. Recently appointed a member of the CDC's Board of Scientific Counselors, Deputy Director for Infectious Diseases. In 2020, the Indianapolis Business Journal (IBJ) named her as one of 40 Influential People of the past 40 years, as they celebrated 40 Years of Progress in Indianapolis. Dr. Caine works tirelessly to promote and advance public health through innovative programs and unprecedented collaborations. Her boundless energy, vision, and drive to serve people, especially disadvantaged areas, have led Dr. Caine to have her fingerprints on numerous projects. She helped set up the first HIV/AIDS healthcare delivery system in Indianapolis. She is Chair of the National Medical Association Infectious Diseases Section, Co-Chair of the NMA HIV/AIDS Section, and a member of the National Medical Association COVID-19 Task Force. She is a member of the Indiana COVID Vaccine Allocation and Distribution Workgroup and a board member of the CDC Morbidity and Mortality Weekly Report (MMWR) Editorial Board. She was recently appointed a member of the CDC's Board of Scientific Counselors, Deputy Director for Infectious Diseases.

Camille Clarke, M.D.

Dr. Clarke's passion for medicine and service began during her freshman year of college when she traveled to Kenya on a mission trip. After working in an orphanage for AIDS victims and a safe house for Maasai girls, Dr. Clarke decided to dedicate her career to health care promotion in diverse communities both locally and abroad. Dr. Clarke completed Primary Care Internal Medicine training in Cambridge, MA where she served as a Clinical Fellow in Medicine at Harvard Medical School. Since this time, Dr. Clarke has enjoyed opportunities to consult and practice in various organizations through clinical, academic, research and administrative capacities to address health disparities using novel and innovative strategies. In addition to her medical training, Dr. Clarke holds a Masters in Business Administration (MBA) and a Masters of Public Health (MPH) in Epidemiology, which she hopes will assist her in making healthful programming accessible, effective and financially viable for all communities.

Jenell Coleman Fennell, M.D., MPH

Jenell Coleman Fennell, M.D., MPH is a highly accomplished Associate Professor at the Johns Hopkins School of Medicine in the Department of Obstetrics & Gynecology. She is a trailblazer in her field, having earned an M.D. from the University of Pennsylvania, completed Ob/Gyn residency at UCLA, completed reproductive infectious diseases fellowship at UCSF, and received a Master of Public Health from Berkeley. For over 20 years, Dr. Coleman has been dedicated to serving and advocating for marginalized women, particularly those who are economically disadvantaged, inject drugs, trade sex, live in poverty, or live with HIV.

Dr. Coleman holds several leadership roles at Johns Hopkins, including Division Director of Gynecologic Specialties, Medical Director of Johns Hopkins Women's Health Services at the Outpatient Center, Co-Director of the Colposcopy Clinic, and Director of Johns Hopkins Resident Continuity Clinic. She is an NIH-funded researcher in reproductive infectious diseases with over 70 peer-reviewed publications and book chapters. She is the Chair of the American College of OBGYN Clinical Practice Guidelines for Gynecology and is a standing member of an NIH study section. Her unwavering commitment is to use her research, leadership positions, and national committee service to ensure that the importance of caring for marginalized women is always at the forefront and never forgotten.

Lanla F. Conteh, M.D., MPH, MBA

Lanla Conteh was born in Sierra Leone, the youngest of four children. Upon moving to the United States, she did her undergraduate studies at Emory University before moving to Cleveland, OH to attend medical school at Case Western Reserve University. After completing a residency in Internal Medicine and Pediatrics, she relocated down south to complete a fellowship in Gastroenterology at Vanderbilt University in Nashville, TN. While at Vanderbilt, she pursued a Master in Public Health and sub-specialized in Transplant Hepatology. She recently moved to Columbus, OH with her husband and two children. She is an assistant professor at Ohio State University with an interest in disparities in gastrointestinal and liver diseases and a research focus in hepatocellular carcinoma. She enjoys traveling, cooking and reading.

Natalie Janine M. Dailey Garnes, M.D., MPH, MS, FAAP, FACP

Natalie Janine M. Dailey Garnes, M.D., MPH, MS, FAAP, FACP,...is a pediatric infectious disease specialist in Houston, Texas, and is affiliated with the University of Texas MD Anderson Center. She received her medical degree from Harvard Medical School and has been in practice between 11-20 years. She completed her Internal Medicine/Pediatrics Residency and Infectious Diseases Fellowship from the Baylor College of Medicine. She is an Associate Professor in the Department of Infectious Diseases, Infection Control, and Employee Health, Division of Internal Medicine, University of Texas, Anderson Center, Houston, Texas. Since 2019, she has been a Member of the Program Evaluation Committee, Infectious Disease Fellowship Program at the UT Health Sciences Center in Houston, TX.

Matifadza Hlatshwayo Davis, M.D., MPH

Dr. Matifadza Hlatshwayo Davis, MD, MPH, is the Director of Health for the City of St. Louis. Dr. Hlatshwayo Davis received her medical degree from Cleveland Clinic Lerner College of Medicine and a Master's in Public Health Degree from Case Western Reserve University. She completed her internal medicine residency at University Hospitals Case Medical Center. She went on to complete her Infectious Diseases fellowship at the Washington University School of Medicine (WUSM), also completing a one-year dedicated non-ACGME HIV fellowship and a two-year dedicated Sexually Transmitted Infections (STI) fellowship.

She was a Clinical Instructor, Associate Program Director of the Division of Infectious Diseases fellowship program, and in the leadership of the Office of Inclusion and Diversity at the Washington University School of Medicine. She was also an Infectious Diseases physician at the John Cochran VA Medical Center where she was the Lead HIV Clinician, Graduate Medical Education Coordinator, and Outpatient Parenteral Antibiotic Therapy, supervisor.

Her passion for community engagement, health equity, and patients living with HIV (PLWH), culminated in her becoming the co-chair of the Fast Track Cities initiative in St. Louis, and later appointed to the City of St. Louis Board of Health. Dr. Hlatshwayo Davis is now a national and international medical contributor on COVID-19 with a particular focus on marginalized populations and has been featured in outlets such as CNN, BBC, Al Jazeera, MSNBC, and Newsweek, among others. She is also an Associate Editor for Disparities and Competent Care for the Infectious Diseases Society of America (IDSA).

Ayotunde Dokun, MD, PhD

Dr Dokun is a Professor of Medicine and Endocrinology, and Director, Division of Endocrinology and Metabolism at the Carver School of Medicine, University of Iowa (UI). He received his Bachelor's Degree in Biological Sciences from the State University of New York College at Old Westbury, Long Island, NY. He subsequently trained in the National Institute of Health (NIH) sponsored Medical Scientist Training Program (MSTP) at the Mt Sinai Graduate School of Biological Sciences and the Mt Sinai School of Medicine (now Icahn School of Medicine), New York, NY where he earned his MD and PhD. After completion of his graduate training, he entered residency in Internal Medicine and Fellowship training in Endocrinology and Metabolism at Duke University Medical Center, Durham, NC.

Dr Dokun is an alumnus of the prestigious Robert Wood Johnson Foundation (RWJF), Amos Medical Faculty Development Program (AMFDP). Along with his responsibilities as director of the Endocrine division at UI, he currently runs a translational research laboratory with a focus on understanding the molecular mechanisms of vascular complications in diabetes. He is well published, including publications in high profile Journals such as Science, Nature Immunology, Circulation and Circulation Research.

He has received a number of awards, including the Elijah B Saunders MD, Physician of the Year Award from the National Medical Association, the Terry Ann Krulwich, Physician-Scientist Alumni Award and the Jay D. Coffman Early Career Investigator Award from the American Heart Association (AHA).

Dr Dokun currently serves on the editorial board of a number of scientific journals and on the board of a non-for-profit organization. He was also appointed to serve on the National Clinical Care Commission, a Federal advisory commission focused on evaluating and making recommendations on existing federal programs related to diabetes and its complications.

Lauren Dungy-Poythress, M.D.

Lauren Dungy-Poythress, MD, an accomplished board-certified physician specializing in Maternal-Fetal Medicine and educator, brings to her patients and their physicians more than 25 years of perinatology experience. She has designed, developed, and led successful Maternal-Fetal Medicine offices and/or programs in three states. She earned her medical degree from The University of Michigan's Medical School. This was followed by residency training in Obstetrics and Gynecology in Ann Arbor, Michigan, and subspecialty training in Maternal-Fetal Medicine at the University of Cincinnati School of Medicine.

Dr. Dungy-Poythress has held faculty appointments as associate and assistant professor at several university medical programs and has served, on many community boards which include, the Women's Fund Advisory Board, The State Board of Directors for the March of Dimes, The Indiana Perinatal Network, The Julian Center Board of Directors, and Officer and Board of Directors for the Dungy Family Foundation, Inc. She has been honored with many awards including The International Association of Obstetricians and Gynecologists Leading Physicians of the World Award, Faith and Family Integrity Award, National Coalition of 100 Black Women Breakthrough Award, Indiana Business Journal Women of Influence Award, Center for Leadership Development Achievement in Professions Award, Touch Stone Awards "Lighting the Way Empowering Tomorrow's Champions" Girls Inc. Award, Excellence in the Field of Medicine Award, Top Docs Indianapolis, U.S. News Top Doctors, and Castle Connolly Top Doctor in the field of Maternal-Fetal Medicine.

Keith C Ferdinand, MD, FACC, FAHA, FNLA, FASCP

Dr. Ferdinand, a graduate of Howard University College of Medicine, is board-certified in internal medicine and cardiovascular disease, in nuclear cardiology, and a hypertension specialist. He is past Chair of the National Forum for Heart Disease and Stroke Prevention and prior Chief Science Officer and chair of the Association of Black Cardiologists. He researches cardiovascular disease, especially in racial/ethnic minority populations. He has 250 peer-reviewed publications and lectures nationally and internationally. He received the AHA Louis B. Russell, Jr. Memorial Award and James Herrick Outstanding Achievement in Clinical Cardiology, the Congressional Black Caucus Health Trust for journalism, the NMQF Charles Drew award, the 2019 Xavier University Health Equity Champion Award. He received a 2021 and 2022 New Orleans Health Care Heroes honor and 2023 Living Legend Honoree by the Center for African and African American Studies at Southern University at New Orleans.

Michelle Floris-Moore, M.D., MS, FIDSA

Dr. Michelle Floris-Moore is an Infectious Diseases physician and clinician scientist with expertise in HIV clinical research on cardiometabolic and other non-AIDS comorbidities related to chronic inflammation among people living with HIV as well as more recent multicenter research studies on Post-COVID Conditions. She is an Associate Professor of Medicine and Interim Associate Dean of DEI Faculty Access & Success at the University of North Carolina, Chapel Hill. Dr. Floris-Moore is co-PI of the MACS-WIHS Collaborative Cohort Study at UNC and a co-investigator in UNC's Global HIV Prevention & Treatment Clinical Trials Unit and the Center for AIDS Research (CFAR). She provides General ID consultations and longitudinal clinical care for people living with HIV.

Sherita Hill Golden, M.D., MHS

Dr. Sherita Hill Golden is the Hugh P. McCormick Family Professor of Endocrinology and Metabolism and Vice President and Chief Diversity Officer for Johns Hopkins Medicine (JHM). An internationally recognized physician-scientist and elected member of the National Academy of Medicine, Association of American Physicians, and American Society of Clinical Investigation, Dr. Golden's research has used the tools of epidemiology and health services research to identify biological and systems contributors to disparities in type 2 diabetes and its outcomes. As Chief Diversity Officer for JHM, she oversees diversity, inclusion, and health equity strategy and operations for the School of Medicine and Johns Hopkins Health System. She has executed implementation of Culturally and Linguistically Appropriate Services Standards, staff training for accurate collection of self-identified patient demographic data, a system-wide policy prohibiting patient discrimination toward employees and trainees, system-wide unconscious bias and anti-oppression training, and equitable vaccine distribution to non-clinical, minoritized frontline staff across JHM. Dr. Golden has also supported Maryland legislators in drafting and testifying in support of state-level health equity policy.

Linnie Golightly, M.D .

Dr. Linnie Golightly is an Associate Professor in Medicine, Microbiology & Immunology, Associate Professor of Clinical Medicine, and Associate Dean of Diversity and Inclusion at Weill Cornell Medicine (WCM). She is a WCM CTSC Associate Program Director. Raised in the Midwest, Dr. Golightly attended Wayne State University, receiving her MD degree from WCM in New York City. She trained in Internal Medicine at Harlem Hospital, serving as Chief Medical Resident, followed by a fellowship in the Harvard Combined Infectious Disease Training Program and a post-doctoral research fellowship at the Harvard School of Public Health. Dr. Golightly was an attending physician at the Beth Israel Hospital in Boston, the Hospital for Special Surgery in New York City, the WCM Travel Clinic, and currently the New York-Presbyterian Hospital/Weill Cornell Medical Center. Her research focus is infectious diseases endemic to low- and middle-income countries (LMIC), with an emphasis on malaria, as well as factors affecting the retention of women and underrepresented minorities, and citizens of LMIC in academic careers. She has been fortunate to work in collaboration with outstanding international collaborators at the Noguchi Memorial Institute for Medical Research in Ghana, the GHESKIO Centers in Haiti, and the Ben Gurion University of the Negev in Israel.

Dr. Golightly is active in teaching and has trained undergraduates, medical students, and fellows both from the U.S. and abroad, including those from Haiti, Ghana, Brazil, Israel, Qatar, and Europe. Dr. Golightly is a member of the National Medical Association's (NMA) Council on International Affairs and is the President-Elect of the American Society of Tropical Medicine and Hygiene (ASTMH), the largest international scientific organization of experts dedicated to reducing the worldwide burden of tropical infectious diseases and improving global health.

Kevin V. Hackshaw, M.D.

I am an Associate Professor of Medicine, Chief of Rheumatology and Associate Chair of Research in Internal Medicine at Dell Medical School at the University of Texas at Austin; Dell Medical School I received my M.D. from Baylor College of Medicine with residency training in Internal Medicine at Harlem Hospital Center / Columbia University College of Physicians and Surgeons and Rheumatology Fellowship at The University of Colorado Health Sciences Center. I have served as Program Director of Rheumatology at The Ohio State University from 2004 - 2020. I have had a long career of conducting NIH supported research focused on understanding chronic pain mechanisms. Our current work is dedicated to biomarker discovery via minimally invasive interventions in Fibromyalgia and related syndromes. These studies are supported by NIH through a 5-year R61/R33 grant. As director of the Fibromyalgia and Central Sensitivity Clinics at UT-Austin, I personally care for over 90% of the patients with Fibromyalgia seen by our division.

Chanda Nicole Holsey, DrPH, MPH, AE-C

Dr. Chanda Nicole Holsey is the founder and visionary of Healthy Aims for Little Ones and Families, LLC (HALO for Families, LLC), a public health organization where the ultimate goal is to provide parents and caregivers with relevant and effective high quality tools to increase the confidence necessary to nurture, teach, and model healthy physical, mental, and social behaviors in children. A veteran public health professional, Dr. Holsey brings years of experience in public health program management. She has planned, implemented, and evaluated health promotion programs nationally for the American Public Health Association, Association of Asthma Educators, and American Lung Association; and regionally for Georgia Department of Community Health, Morehouse School of Medicine, Emory University, Rollins School of Public Health at Emory University, and Hughes Spalding Children's Hospital. She has also consulted as a program evaluator, grant reviewer, trainer, and research investigator for a myriad of organizations such as the U.S. Department of Health and Human Services, U.S. Department of Education, the Centers for Disease Control and Prevention, Emory University, American Public Health Association – Maternal and Child Health Section, National Institutes of Health, and San Diego State University. She currently serves in a consultant capacity as the section administrator where she writes grants, prepares annual budgets, and evaluates the program planning and operational activities for the Internal Medicine and Allergy, Asthma, and Immunology Sections of the National Medical Association (NMA). She also writes and has implemented program grants for the National office and several Regional offices of the NMA. She is the Co-Author and Co-PI on the five year NIH/NIDDK Award, funded in 2019 - NIH R13 Early Career Investigators' grant, Addressing Health Disparities and Health Equity Issues in Internal Medicine."

Dr. Holsey earned a BA in Psychology from San Diego State University, where she graduated with honors; a Master of Public Health in Behavioral Science and Health Education from the Rollins School of Public Health at Emory University, and a Doctor of Public Health in Maternal and Child Health from the University of Alabama at Birmingham. Additionally, she is a certified asthma educator (AE-C).

Dr. Holsey's personal motto is to "walk with wisdom". She is married to Eric Holsey, and has two daughters, Savannah and Erin.

Sonja Hutchins, MD, MPH, DrPH, FACPM

Dr. Sonja Hutchins retired from the Centers for Disease Control and Prevention (CDC) in June 2017 as a Senior Medical Advisor in the Office of Minority Health and Health Equity and Captain (Medical Director) in the US Public Health Service after 30 years of active duty. During her service, she held leadership positions in the National Immunization Program, the National Center for Immunization and Respiratory Diseases, and the Office of Minority Health and Health Equity. She has approximately 90 peer-reviewed publications. To acknowledge her contributions, CDC created a Williams-Hutchins Health Equity Award.

Currently, Dr. Hutchins is a Professor in the Department of Community Health and Preventive Medicine of the Morehouse School of Medicine and the Director of the Public Health and Preventive Medicine Residency Program. In these positions, she increases the diversity of and leadership in the public health and preventive medicine physician workforce, teaches medical students about the social determinants of health through active- and service-learning and research, and directs research that improves population health by eliminating disparities and creating and advancing health equity.

Onyedika Ilonze MD, MPH, FACC

Dr. Ilonze is an assistant professor of medicine at the division of cardiovascular medicine at the Indiana University School of Medicine, Indianapolis Indiana. He is also a board-certified advanced heart failure and heart transplant cardiologist. After completing medical school at the University of Nigeria, he moved to the United States and completed his internal medicine residency at Rochester Regional Health. He subsequently completed his first advanced heart failure fellowship at Wake Forest University, general cardiology fellowship at Virginia Tech Carilion Clinic and second advanced heart failure, transplant, and pulmonary vascular disease fellowship at the University of Alabama at Birmingham

Dr. Ilonze has a strong interest in reduction disparities in heart failure and disparities in heart transplant evaluation and listing. He serves a committee member of the heart failure and heart transplant section of the American College of Cardiology.

He loves to spend time with his wife and two kids. They enjoy traveling to new destinations, playing board games and interacting with the community.

Wallace Johnson, MD, FAHA, FASH

Dr Wallace Johnson is a native of Baltimore, and he went on to Bucknell University before attending medical school at the University of Maryland. Dr Johnson now practices medicine at the University as an Assistant professor is certified as a specialist in Hypertension his special interests are Hypertension in special populations like African Americans, community outreach, student mentoring and teaching Preventive Cardiology. Dr Johnson is also Medical Director for the Aortic Center at the University of Maryland. Dr Johnson also serves as the Chair of the Cardiology/Hypertension section of the National Medical Association. Dr Johnson has lectured in both the United States and abroad on Hypertension management in the African diaspora. He has also been involved in research as both a Principal Investigator and Co-Principal investigator in numerous clinical trials. Dr Johnson continues to maintain clinical practice and acts as a teacher and mentor for students at both the University of Maryland School of Medicine and School of Nursing.

Wendell Jones, MD, MBA

Dr Wendell Jones is the Network Director for the Veterans Integrated Service Network (VISN) No. 17 in Arlington. He is responsible for care and operations at seven VA healthcare facilities in Texas.

Dr. Jones completed his Internal Medicine Residency at Jackson Memorial Hospital in Miami, Florida. He initially worked as an Emergency Department physician at two hospitals in Miami. Later, he joined the

Miami VA Medical Center as a staff physician in inpatient and outpatient units, where he was very involved in teaching and patient care. During this time, Dr Jones was awarded an Executive master's in business administration by the University of Miami.

Subsequently, Dr Jones served as the Associate Chief of Staff for Ambulatory Care at the Amarillo VA Medical Center in Amarillo, while holding a staff position at Texas Tech School of Medicine. Dr Jones was also Associate Chief of Staff for Ambulatory Care at the South Texas Veterans Health Care System and was on staff at UT Health Science Center San Antonio. He also served as the Acting Chief of Staff in San Antonio. In addition, he served for over twenty years as the Chief Medical Officer in VISN 17. Presently, Dr Jones holds the position of Assistant Clinical Professor of Internal Medicine at The University of Texas Southwestern Medical School.

He is a Fellow in the American College of Physicians and is a Certified Physician Executive with the American Association of Physician Leadership. He served as the Internal Medicine section Chair with the National Medical Association and remains on the executive board. He also held the position of the Secretary/Treasurer for the Texas Academy of Internal Medicine Services. In addition, Dr Jones is on the American Red Cross Scientific Advisory Council, where top health leaders explore current and new ways of saving lives in emergent and dire situations.

CAREER CHRONOLOGY:

2021 – Present Network Director, VISN 17, Arlington, TX
2000 - 2021 Chief Medical Officer/Acting Network Director, VISN 17, Arlington, TX
1996 - 2000 Associate Chief of Staff/Acting Chief of Staff, South Texas VA, San Antonio, TX
1993 - 1996 Associate Chief of Staff, Amarillo VA, Amarillo, TX
1988 – 1993 Emergency Medicine/Internal Medicine, Miami VA, Miami, FL

EDUCATION:

1991 M.B.A., University of Miami, Coral Gables, FL
1985 M.D., Morehouse School of Medicine, Atlanta, GA
1980 B.S. Morehouse College, Atlanta, GA

Peter H. Kilmarx, MD

Peter H. Kilmarx, MD, is Acting Director of the Fogarty International Center and Acting Associate Director for International Research at the National Institutes of Health (NIH) where he leads support for NIH's extensive global activities and health research capacity strengthening programs in low-and middle-income countries. He represents Fogarty and NIH in national and international forums and leads analysis and advocacy for building research capacity as an element of pandemic preparedness with a particular focus on increasing equity in global health research partnerships. He is an expert on research, policy, and program implementation for HIV/AIDS and other infectious diseases. He previously served at the Centers for Disease Control and Prevention in a variety of leadership positions including Country Director for Botswana and later Zimbabwe; Ebola Response Team Leader, Sierra Leone; and Chief, Epidemiology Branch, Division of HIV/AIDS Prevention. Dr. Kilmarx is a retired Rear Admiral and Assistant Surgeon General in the U.S. Public Health Service. He earned his M.D. from Dartmouth-Brown's Combined Program in Medicine and completed both his internal medicine residency and infectious disease clinical fellowship at Johns Hopkins Hospital.

Michael G. Knight, MD

Dr. Michael G. Knight is a physician, healthcare executive, non-profit leader, and featured medical expert on radio, television, and in print news media. He is the Head of Services at IMPaCT Care, a company that supports healthcare organizations by delivering the most widely used, evidence-based community health worker model in the United States that improves health outcomes by addressing the social determinants

of health in underserved communities. He is board certified in Internal Medicine and Obesity Medicine, and practices clinically at the GW Medical Faculty Associates in Washington, DC. He is also a Clinical Associate Professor of Medicine at The George Washington University. He has served in leadership roles in organizations such as the National Medical Association and the American Medical Association and is the founder and president of the Renewing Health Foundation. Dr. Knight has received numerous awards including the AMA Foundation Leadership Award, and the National Minority Quality Forum Top 40 Under 40 Leaders in Health Award.

Khadijah Lang, MD

Khadijah Lang, M.D. is a native of Los Angeles, Dr. Khadijah Lang is the Medical Director and CEO of Lang Family Practice, serving the healthcare needs of south-central Los Angeles and surrounding communities since 1989, in the full scope of Family Medicine with Obstetrics Competency practice she established to encompass cultural competency and respect in health care. She received her BS degree in Chemistry at Fisk University, an MD from Charles R Drew/UCLA, completed UCLA's Family Medicine Residency, and a fellowship in Maternal Fetal Medicine. She has been an Associate Clinical Professor of Family Medicine, Principal Investigator in a national, multi-site research study on uterine fibroids, and advocates fiercely for the rights of Black physicians and the patients they care for. She has published articles in peer-reviewed medical journals on her work and research.

Dr. Lang is the National Medical Association's (NMA) Region VI Chair, a Member of the Board of Trustees, an active member of the NMA House of Delegates, and its Immediate Past Chair, Council on International Affairs. She is a member of the NMA COVID-19 Vaccine Task Force, and President of California's Golden State Medical Association (GSMA), which was awarded the Frank Stagger's MD Ethnic Physician Organization of the Year for 2017 and 2021 by the California Medical Association. She has received the NMA 2020 Meritorious Service Award and the NMA 2018 Practitioner of the Year.

Internationally, she has focused on Maternal & Child Health in Africa, including organizing/directing GSMA's professional development medical missions with completed delivery of over \$150,000 worth of donated pharmaceutical/ medical supplies, training local providers in advanced medical/surgical techniques and procedures to build their country's health system's capacity, and lecturing for a country's inaugural Emergency Medicine Residency Training Program. The impact of her work was acknowledged by Africa Focus, Inc. naming her their 2019 Ambassador of Goodwill.

Lydell C. Lettsome, M.D., FACP

The Rev. Lydell C. Lettsome, M.D. is a board-certified general surgeon with a background of study in Christian and Medical Ethics. He received his bachelor's degree in Psychology & Pre-Medical Sciences from Columbia University. From there he earned his M.D. at Jefferson Medical College in Philadelphia, Pa. A Fellow of the American College Surgeons, Dr. Lettsome is also a member of Physicians for a National Health Plan and the American Society of Metabolic and Bariatric Surgeons. He is currently the Medical Director for Wound Care at Bayhealth Hospital in Dover, Delaware.

Dr. Lettsome has travelled the world providing free medical and surgical care with various missionary groups. In addition, as a proud member of Alpha Phi Alpha Fraternity Inc. he participates in several community service endeavors. He is also the Founder of the Vanbert Health Equity Project, a non-profit that helps churches address disparities that Blacks face in healthcare. He has served as a Faith Consultant for the COVID-19 Prevention Network and a member of the NYC Dept. of Health Task Force on Breast Cancer Disparities.

While running a surgical practice, he completed a Master of Divinity degree from Union Theological Seminary in 2010. He was ordained in April 2011 and ministers through preaching, teaching, and writing. In addition to several articles, videos and webinars around health equity. Dr. Lettsome is the author of *Stolen Money, Stolen Health*, an award-winning primer on universal healthcare in America. Dr. Lettsome and his wife the Rev. Raquel S. Lettsome, Ph.D. have two children Tiffany and Luke.

Nada Mays

Nada Mays is a Registered Dietitian and professionally trained chef. She has a bachelor's degree in culinary nutrition and associate degrees in both culinary arts and baking and pastry arts from Johnson & Wales University. She completed her dietetic internship and master's in community and public health nutrition at Saint Elizabeth University. Nada has a background in national and international public health, and clinical and community nutrition through her work in long-term care, community-based nonprofits, and service with the Peace Corps in eSwatini. She has worked in and managed many professional kitchens. She currently supervises Brooklyn Drive Down Diabetes, a program tailored to serve people of color through culturally inclusive nutrition. Nada owns and operates a private practice, Nutrition By Nada, and is a member of the Academy of Nutrition and Dietetics. Her expertise lies in clinical and culinary nutrition, recipe development, the determinants of health, and international public health.

Kevin H. McKinney, MD, FACE

Kevin H. McKinney MD, FACE, is the Charles C. Sprague, MD Distinguished Professor in Internal Medicine, and is a general endocrinologist with an interest in calcium and bone metabolism, diabetes and hyperthyroidism. He has been at UTMB Health since 1988, completing medical school, Internal Medicine residency, and Endocrinology fellowship. He has been a faculty member since 1997; he is currently the Director of the Division of Endocrinology and the Stark Diabetes Clinic. He is active in medical school education and serves as Co-Director of the second-year Endocrine and Reproduction course. He is also devoted to resident and fellow education and is the Endocrinology Fellowship Program Director.

Dr. McKinney has an administrative interest in drug management and previously served as a fourteen-year Chair of the Pharmacy & Therapeutics Committee for the UTMB Health System. He enjoys advocating for physicians and the patients that they care for, and he collaborates with various groups dedicated to the cause of eliminating racial and ethnic healthcare disparities. He enjoys traveling and participating in outdoor activities with his son and wife.

Chima Nwaukwa, M.D., FACC

Dr. Nwaukwa graduated from the University of Nigeria Faculty of Medicine in 1992. He works in Beaumont, TX and 4 other locations and specializes in Cardiovascular Disease and Interventional Cardiology. Dr. Nwaukwa is affiliated with Baptist Hospitals Of Southeast Texas.

Amie Ogunsakin, M.D.

Assistant professor, department of medicine at the University of Iowa, where she also serves as the clinical director of endocrinology service. She is board certified in pediatrics and internal medicine, with subspecialty of endocrinology.

Dr. Ogunsakin received her medical degree from the University of Ilorin College of Health Sciences in Nigeria, completed her residency training at Wright State University in Dayton, Ohio and endocrinology fellowship at the University of Tennessee Health sciences Center, in Memphis.

Clinical interests include diabetes, obesity and health care disparities.

Itunu Owoyemi, M.D

Itunu Owoyemi, M.D is a board-certified Nephrologist, Transplant and Onco-Nephrologist. She is a member of the staff in the department of Kidney Medicine in the Glickman Urological and Kidney Institute at Cleveland Clinic, Cleveland Ohio. She received her medical training at the Oba Okunade Sijuade College of Medicine, Igbinedion University

Okada, Nigeria. She completed her internal medicine residency at Vidant/Medical Center /East Carolina University (ECU), Greenville, North Carolina where she served as Chief Resident of ECU Global health and Underserved Populations Program. She completed her Nephrology training at University of Virginia, Charlottesville Virginia where she served as Chief Fellow and Transplant Nephrology Fellowship at the Thomas E. Starzl Transplantation Institute, UPMC Montefiore. She completed an Onco-Nephrology fellowship at Mayo Clinic Rochester Minnesota. Her research interest includes improving clinical outcomes in kidney transplant recipients. Dr. Owoyemi is a board-certified internist with the American board of Internal medicine. She is also a member of American College of Physicians, American Society of Nephrology and American Society of Transplantation.

Antoinette Saddler, M.D.

Antoinette Saddler, M.D. is a gastroenterologist specializing in general gastroenterology and management of patients with mild to severe malnutrition.

Dr. Saddler has held positions at the University of Kentucky, Washington Hospital Center, University of Virginia School of Medicine and the George Washington University School of Medicine and Health Sciences. She is currently an assistant professor of medicine in the Johns Hopkins University Division of Gastroenterology and Hepatology at Sibley Memorial Hospital.

Dr. Saddler earned her undergraduate degree in Psychology and Social Relations from Harvard University and obtained her medical degree from Case Western Reserve University School of Medicine. She completed residency training in internal medicine at the New York Presbyterian/

Weill Cornell Medical Center followed by fellowship training in gastroenterology at Memorial Sloan Kettering Cancer Center, where she also completed an additional fellowship in clinical nutrition.

Mohamed Seedahmed, M.D., MPH, FACP

Dr. Mohamed Seedahmed was born in Khartoum, Sudan, and completed his undergraduate medical training at the University of Khartoum. After moving to the U.S. in 2008, he completed his residency in Internal Medicine and began a career in Hospital Medicine. He excelled there, ascending to the leadership of the Emory Division of Hospital Medicine. Next, he matriculated to the University of California San Francisco for a pulmonary and critical care medicine fellowship. There, he took up a strong interest in how to utilize big data to advance patient care, becoming the first trainee to be awarded the Clinical Research Informatics Postdoctoral (CRISP) fellowship in the program's history. As a result, he has gone on to publish groundbreaking work on the epidemiology of sarcoidosis. He is emerging as an important voice in our understanding of this disease—currently serves as an Assistant Professor at the University of Pittsburgh and VA Pittsburgh Medical Center.

Alicia Shelly, MD

Dr. Alicia Shelly was raised in Atlanta, GA. She received her Doctor of Medicine from Case Western Reserve University School of Medicine in Cleveland, OH. Dr. Shelly has been practicing Primary Care and Obesity medicine since 2014. In 2017, she became a Diplomat of the American Board of Obesity Medicine. She is the lead physician at WellStar Primary Care Douglasville and WellStar Centers of Best Health Douglasville. She started a weekly podcast and YouTube channel entitled Back on Track: Achieving Healthy Weight loss, where she discusses how to get on track and stay on track with your weight loss journey. She has been featured on CNN, Fox 5 News, and Shape.com. She was named an honoree of the 2021 Atlanta Business Chronicles 40 under 40 award. She also is a collaborating author for the “Made for More: Physician Entrepreneurs who Live Life and Practice Medicine on their own terms”.

Yvonne Roberta Smallwood Sherrer, M.D., FACR

Dr. Yvonne Roberta Smallwood Sherrer, MD is a health care provider primarily located in Fort Lauderdale, FL, with another office in Jupiter, FL. She has 45 years of experience. She received her medical degree from University of Pittsburgh School of Medicine and has been in practice for more than 20 years. Her specialties include Allergy & Immunology, Immunology, Rheumatology. Dr. Smallwood Sherrer is affiliated with **Holy Cross Hospital**. She speaks Spanish and English.

Shadrach Smith, MD

Dr. Smith is a graduate of the University of Kansas School of Medicine and completed an internal medicine residency and a fellowship in primary care at the University of Oklahoma-Tulsa medical College. The focus of his medical practice is metabolic and obesity medicine. He has developed an individualized approach to patient management with an emphasis on the biological, motivational and cultural barriers that get in the way of people reaching their health and wellness goals He is board-certified in obesity medicine and internal medicine. He is the current President of the Midwest Obesity Society.

Jeremy Sullivan, MD

Hometown: Easley, South Carolina

Undergraduate School: Clemson University

Medical School: Medical University of South Carolina (MUSC)

Residency: New York University (NYU)

Clinical Interests: Medical education and musculoskeletal ultrasound

Research Interests: Interested in researching African American health disparities, with a key interest in analyzing time to diagnosis as well as disease remission outcomes in inflammatory arthritis.

Why did you choose UCSF?: I chose UCSF for multiple reasons, however, the opportunity to have a vast extensive clinical learning experience was a top priority. I also chose UCSF because of the fantastic opportunity I would have to develop my skills as a future medical educator. Lastly, another key factor for me was based largely on the desire to be a part of a collegial program with a friendly environment where faculty were just as interested in my personal well-being and happiness as they were my career and research development in Rheumatology.

Hobbies and/or Fun Fact: In my free time I enjoy watching professional basketball as well as participating in pickup basketball. I also enjoy hiking and as a new transplant to the west coast, I plan to start exploring all the wonderful west coast national parks soon.

Adetokunbo Taiwo, MD, MS

Adetokunbo Taiwo MD MS is a Clinical Assistant Professor of Medicine in the Division of Nephrology, at Stanford University, where she functions within a multidisciplinary team to manage kidney transplant recipients and individuals with impaired kidney function undergoing kidney, liver, and heart transplantation. She completed medical school at the University of Colorado and went on to the University of Chicago for her Internal Medicine Residency, and to Stanford University for her General & Transplant Nephrology fellowships. During her training years at Stanford, she completed a Master of Science Degree in Epidemiology and her thesis resulted in a peer reviewed publication. She has since authored other peer reviewed articles and textbooks chapters on kidney disease and kidney transplantation. She is the Program Director of the Stanford Kidney Transplant Fellowship and serves on committees related to diversity, equity and inclusion. She is broadly interested in improving clinical outcomes in kidney transplant recipients.

Natasha Travis, M.D.

Dr. Natasha A. Travis is an internist in Atlanta, Georgia and is affiliated with multiple hospitals in the area, including Emory University Hospital Midtown and Southern Regional Medical Center. She received her medical degree from Rush Medical College of Rush University and has been in practice between 11-20 years.

Edward L. Treadwell, MD

Edward L Treadwell, MD, is Professor Emeritus of Medicine-Rheumatology/Immunology where he was Division Chief of Rheumatology/Immunology for 40 years and continues as Director of Rheumatology Research at East Carolina University Brody School of Medicine in Greenville, NC. His clinical interests include treatment of autoimmune connective tissue diseases like systemic lupus erythematosus, scleroderma, polymyositis, mixed connective tissue disease which is overlap between SLE/scleroderma/Sjogren Syndrome/ polymyositis/dermatomyositis/rheumatoid arthritis, and related pain and arthritis disorders, most specifically gout and osteoarthritis. Dr. Treadwell's basic research has focused on the association of autoantibodies to autoimmune diseases and environmental factors associated with autoimmune disorders, gout, and osteoarthritis. He has published or co-authored over 100 peer reviewed articles and abstracts. Dr. Treadwell remains an active member of various professional organizations including Chairman of Rheumatology of the National Medical Association. He has received numerous investigative grants to study lupus, overlap diseases, pain disorders and assessment tools, osteoarthritis, and gout. He has been a reviewer for many scientific journals and grant committees including the National Institutes of Health, Arthritis foundation and American College of Rheumatology. He was a lead co-investigator involving completion of a 3,000-patient database for rheumatoid arthritis and overlap diseases involving multiple collaborating medical centers and private based clinics. Some of his current active duties include a member of Duke University Medical Alumni Council and member of North Carolina Drug Utilization Committee for Medicaid. His current research focus continues a collaborative database project with the FDA at the National Toxicology Center in Jefferson Arkansas to understand the biological and genetic aspects in over 300 SLE patients and controls. He continues to mentor future physicians and medical scientists, and advocate for patients' medical care.

Tiffani Bell Washington MD, MPH, FAPA

Diplomate of American Board of Psychiatry and Neurology, Diplomate of American Board of Obesity Medicine, Diplomate of American Board of Lifestyle Medicine.

Dr. Bell Washington is a Harvard Trained Public Health expert and Quadruple Board-Certified Physician who specializes in Adult Psychiatry, Child and Adolescent Psychiatry, Lifestyle Medicine, and Obesity Medicine. In 2020, Dr. Bell Washington received the Outstanding Teaching Faculty of the Year Award in Child and Adolescent Psychiatry at Wake Forest School of Medicine and National Medical Association's Post-Graduate Section's "Top Physician under 40" Emerging Leader award. In 2022, Dr. Bell Washington was selected to be a 40 under 40 "Leader in Minority Health "by National Minority Quality Forum, a Nutrition obesity research center at Harvard Diversity Scholar, and A Fellow of the Network for Emotional Well-being, research for Emotional and Physical Health.

Dr. Bell Washington is a recent graduate of Harvard T. H. Chan with a Master of Public Health and concentration in Health Policy and Leadership. She completed undergraduate education at Norfolk State University (a Historically Black College and University), medical school at Medical College of Virginia, and residency and fellowship at Wake Forest School of Medicine

Dr. Bell Washington is passionate about advocacy, research, improving diversity and equity in leadership and decreasing stigma and bias surrounding chronic illnesses such as mental health disorders and obesity. Dr. Bell Washington currently works as a medical director on psychiatry health policy and health

equity research as well as in her private practice, The Healthy Weigh MD PLLC, which focuses on prioritizing stress management, lifestyle medicine, mental health, and obesity treatment.

Daniel Watford, MD

Dr. Daniel Watford is an upstart academic transplant nephrologist at the University of Washington. Originally from North Carolina where he completed medical school and subsequently completed nephrology training at Stanford, he has embarked on a promising career driven by a passion for addressing health disparities in kidney transplantation. With a specific interest in APOL1-mediated kidney disease and its implications for kidney transplantation in African Americans, Dr. Watford aims to bring clarity to how we navigate both kidney transplantation and kidney donation in this disadvantaged group. Dr. Watford is committed to advancing our understanding of APOL1-mediated kidney disease to improve outcomes for affected individuals and ensure equitable access to kidney transplantation. As a dedicated advocate for health equity, Dr. Watford ultimately seeks to make a meaningful impact in the lives of these particularly vulnerable patients.